



Canadian Federation of University Women – Ottawa

Capital Carillon

November General Meeting

DATE: Monday, November 7, 2011
TIME: 7:30 p.m.
PLACE: St. Timothy's Presbyterian Church, 2400 Alta Vista Dr.
SPEAKER: Dr. Diana Majury, Associate Dean, Research & Graduate Affairs, Faculty of Public Affairs and Professor, Dept. of Law, Carleton University; Vice President, Board of Directors, Elizabeth Fry Society of Ottawa
TOPIC: Resisting the Criminalization of Women



A Full Professor in Carleton's Dept. of Law and former Director of its School of Social Work, Diana Majury is a nationally recognized expert in women's rights, equality and health issues. She teaches and researches in feminist and gender studies, human rights, violence against women, criminal law and law and literature. She has worked extensively with the Women's Legal Education and Action Fund (LEAF) and the National Association of Women and the Law (NAWL). Co-founder of the Canadian Initiative on Law, Culture and the Humanities and founding member of the women's magazine *Healthsharing*, she played a lead role in planning a

(see **Meeting** on next page)

PRESIDENT'S MESSAGE

WILMA CLAPHAM

The CFUW-Ottawa Club year started off with an enthusiastic reception for the speaker at the Oct. 3 General Meeting: Rosemary Thompson, Director of Communications and Public Relations for the National Arts Centre. "Art and Politics: Life After Parliament Hill" gave us insight into her journalism career and her decision to change career paths. Mary Partington made all the arrangements and worked with Joan Bell, Vice President Operations, Jill Moll, Program Convenor, and Hospitality Team members Gayle Cole and Ina McQuaig, to make this a memorable evening.

During the business meeting on Oct. 3, Lynne Bond presented and our members approved in principle, the draft national resolution developed by the Issues Committees: "Accessibility for People with Disabilities : A Barrier-Free Environment for All." Charlotte Rigby submitted the draft to the CFUW Resolutions Committee for review and consultation with other CFUW Clubs, after which it will be presented for adoption at the June 2012 National AGM in Victoria.

CFUW-Ottawa was represented at the CFUW Ontario Council Standing Committees Meeting on Sept. 24 in Toronto by President Wilma Clapham and Vice President, Liaison, Charlotte Rigby. A delegation from CFUW-Ot-

tawa attended the Person's Day "Tea With The Famous Five" on Parliament Hill on Oct. 18 and another group attended the Ontario East Regional Fall Gathering in Cornwall on Oct. 22.

At the CFUW-Ottawa Board Meeting on Sept. 19, a Constitution/Bylaw Review Committee was established, consisting of Patricia Bays, Wilma Clapham, Nancy DeVillers, Leila Metcalf, Hally Siddons, and Sheila Waugh. This committee will recommend changes to bring our 2004 document in line with CFUW policies and will report to the membership early in 2012.

(see **President** on next page)

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President - continued

We received news of a CFUW appointment of importance to our Club. Leila Metcalf has been named to the CFUW Constitution/Bylaw Review Committee which will submit a report at the 2012 CFUW AGM. Congratulations, Leila! This is a well deserved honour!

Also from CFUW, Susan Murphy, Vice President, British Columbia, has been acclaimed as next President, starting her two-year term when President Brenda Wallace's term ends in June 2012. Congratulations, Susan!

Marilyn Letts and our Elizabeth Fry Society representatives Alice Bolt and Marjorie Melick deserve thanks for arranging the guest speaker for our upcoming Nov. 7 General Meeting: Diana Majury, Professor of Law, Carleton University and Vice President, Board, Elizabeth Fry Society of Ottawa.

As the Holiday Season approaches, we all look forward to our Scholarship Trust Holiday Luncheon on Dec. 3 at the RA Centre. Get your tickets soon as they are selling fast and enjoy the excellent meal and socializing!

Capital Carillon is published monthly from October to May, except for January.

Please send all material for the next issue to Mary Butterill at marpathb@storm.ca.

Next issue: **December 2011**
 Deadline: **November 15, 2011**

Previous issues located on the Club website at www.cfuw-ottawa.org.

New Members' Tea



New Members' Tea will be held on **Sunday, Nov. 6 from 2 p.m. to 4 p.m.** at the home of Nancy DeVillers. All new Club members and those who are returning after an absence, are encouraged to attend. Board members will be there to greet you and explain the roles they play in keeping CFUW-Ottawa one of the most vibrant clubs in Canada. Invitations to the Tea and directions to Nancy's home have been issued. This will be a wonderful opportunity to meet other new members and the CFUW-Ottawa Board, to learn how best to get involved in groups of your choosing and to connect with members who live in your area. We offer over 50 study and interest groups, as well as several project, service and issues groups! We look forward to meeting each of you!

Meeting - continued

women's health institute for Ontario. She is a member of the Women's Court of Canada and a founding and steering committee member of the Feminist History Society.

CFUW-Ottawa is a member of the Elizabeth Fry Society of Ottawa, established in 1951 by five members of the University Women's Club of Ottawa who had been visiting women in the Ottawa Jail.

The CFUW 2011 Advocacy Tool Kit

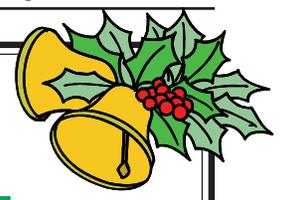
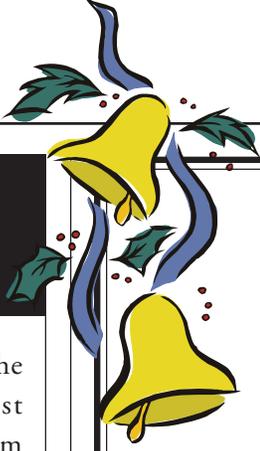
Each year in autumn, the CFUW National Office prepares a *Post-Resolution Advocacy Tool Kit* to help member clubs plan and carry out advocacy activities. The 2011 Tool Kit was recently published on the CFUW website at http://www.cfuw.org/advocacy_tools_30.html. Check it out for information, background, and handouts to support the two new policy resolutions approved at this year's National AGM: **Criminalization of Non-State Actor Torture**, and **Reducing Idling of All Motorized Vehicles**. The site provides sample letters to legislators and officials. We will be customizing the letters and sending them from our club to the nine MPs and eight MPPs who represent our area in federal and provincial governments. The site also has an advocacy handbook, and a wealth of information about dealing with politicians and issues.

Charlotte Rigby
 VP Liaison

**Needed: CFUW-Ottawa
Members From Different
Faith Backgrounds**

CFUW-Ottawa's Bridging the Rivers of Faith interest group includes members from the following religions: Christian (different denominations), Islam, Hinduism and Bahá'i Faith. To increase our representation of other faiths, we are looking for members who are Buddhist, Jewish, Aboriginal and Sikh. We plan to have a panel of members of different world religions who would briefly present the perspectives of their faiths on specific topics, followed by discussions. We meet on the third Monday of the month. If you are interested, please contact either of the two Co-Convenors, Nathalie Thirlwall, (613) 730-6513, nathaliethir@rogers.com or Abla Sherif, (613) 828-7569, sherifa@algonquincollege.com.

Nathalie Thirlwall
Co-Convenor, Bridging the
Rivers of Faith Group



**CFUW-OTTAWA
HOLIDAY PARTY 2011**

**Saturday, Dec. 3, 2011
Noon to 3:00 p.m.**

Clark Room, RA Centre, 2451 Riverside Dr., Ottawa

Great opportunity to celebrate the beginning of the season with friends and family at an elegant hot and cold buffet

RAFFLES

DOOR PRIZES

BAKE TABLE

Ticket price remains at **\$35** (incl. tax & service charge)

BUY YOUR TICKETS ONLINE using the Club's Website

OR at the November General Meeting

OR by calling

Alice Bolt, Joan McKee, Nancy Vrooman, Linda Kelly or Eva Stumes

All Proceeds Will Go To Our Scholarship Trust Fund.

We need donations of baked goodies for the Bake Table.

Please contact Alice Bolt, if you can help.

The Bake Table was highly successful last year.

The Committee has organized various raffles which will be fun for everyone and are a great way to raise funds.

Special thanks to the Study and Interest Groups for their donations for the raffles and door prizes.

Where Are All the **S,C,R,A,B,B,L,E Players??**

Such a literate group surely has more than a handful of Scrabble players! What are we doing wrong? Bad day, poor location? We offer different levels of play, and charts with two and three letter words so that we can all

improve. We see real improvement in some members since last year, and that is the goal for everyone. We meet the middle two Wednesdays of the month at 11:15 a.m. at St. Timothy's Presbyterian Church. We usually bring a bag

lunch and make tea. What would entice you to join us? Please contact me at mpartington@rogers.com.

Mary Partington
Convenor, Scrabble Group

Ontario Council Standing Committees Fall Meeting: Focus on Ontario Election Issues

Ontario Council's Standing Committees meeting in Toronto on Sept. 24, 2011 was a perfect example of the challenge of setting up a "Meet the Candidates" session during an election campaign! The plan to feature the three political party leaders presenting issues in the Oct. 6 Ontario election was not possible due to conflicts in their schedules. Fortunately, the backup program was excellent.

Sheela Subramanian, Policy Analyst, Canadian Mental Health Association (an umbrella organization covering mental health and addiction issues), was the keynote speaker. Her message included three main points: ensuring equitable access to mental health and addiction services, reduction of wait times for children and youth to obtain these services, and improved access to supportive housing for those in need.

Andrea Calver, Government and Communications Director, Ontario Coalition For Better Child Care, informed the group about the consequences of neglecting early childhood education and the dismal worldwide ranking Canada has on government supported child care.

Nora Loreto, Communication and Government Relations Coordinator, Canadian Federation of Students - Ontario, made an impassioned presentation about the increasing costs of post-secondary education and the fail-

ure of governments at all levels to fully appreciate the necessity of providing acceptable financial support for students.

Each of the speakers ranked the positions of the three parties on the pertinent issues and felt that the NDP best represented their views.

Wilma Clapham
President, CFUW-Ottawa

November Declared Financial Literacy Month

The Financial Literacy Action Group (FLAG) and the Financial Consumer Agency of Canada (FCAC) have announced that November 2011 is Financial Literacy Month. Visit website www.financialliteracymonth.ca for information on programs, events and services offered across Canada to improve our financial knowledge and management.



ONTARIO COUNCIL STANDING COMMITTEES MEETING

Saturday, January 21, 2012

Yorkminster Park Baptist Church

1585 Yonge Street, Toronto (Two blocks north of St. Clair Subway Station, East Side)

Morning Program: Climate Change and Mental Health: Challenges, Opportunities, and Adaptation

Speaker: Ashlee Cunsolo Willox, PhD Candidate, School of Environmental Design and Rural Development, University of Guelph

Registration: \$30 prepaid includes a delicious and nutritious **lunch**. Catering requires registration and notification of **dietary requirements** by the Monday prior to the meeting. To be included on the agenda to make a brief announcement, please advise by the prior Thursday by contacting treasurer@cfuwontcouncil.ca. [Registration](#) and [Travel](#) Forms are located at www.cfuwontcouncil.ca/.

Registration starts at 9:00 a.m. The plenary session begins at 10:00 a.m., lunch is at 12 noon and the three afternoon Committee sessions end around 3:00 to 4:00 p.m.

CFUW-Ottawa funds registration fees and partially funds accommodation and travel for attendance by the Club President, the V.P. Liaison and two Standing Committee Chairs **or their designates**.

All CFUW members are welcome to attend. If interested, contact: Charlotte Rigby, CFUW-Ottawa V.P. Liaison, for further details.

Future Meeting: Saturday, March 17, 2012

CFUW 2011 PRE-BUDGET CONSULTATION BRIEF

Each year, CFUW submits a Pre-Budget Consultation Brief to the House of Commons Standing Committee on Finance (FINA) which includes recommendations based on CFUW policy for consideration in the upcoming federal budget.

The most recent CFUW Brief was published on the House of Commons Committees section of the Parliamentary website on Oct. 7, 2011, along with some 400 others submitted as part of FINA's 2011 pre-budget consultation process, organized alphabetically by name of reporting organization or individual. A report on the 2011 consultations will be tabled in the House in December 2011 and its recommendations considered in developing the 2012 Federal Budget.

The 2011 CFUW Brief is located at

http://www.parl.gc.ca/Content/HOC/Committee/411/FINA/WebDoc/WD5138047/411_FINA_PBC2011_Briefs/Canadian%20Federation%20of%20University%20Women%20E.html.

In its Executive Summary, CFUW recommends that the Government of Canada:

- Address women's economic inequality;
- Address the root causes of poverty; and,
- Use gender-based analysis in policy and budget development.

The CFUW Brief concludes by recommending that the Government of Canada:

- establish a tax system, fairer to women;
- implement pay equity;
- fund child care;
- address issues around employment insurance, pension reform and student debt;

- establish a National Housing Strategy;
- take action on the crisis affecting Aboriginal women;
- address root causes and systemic factors of violence, poverty, and access to programs;
- ensure funding for research and advocacy; and,
- honour Canada's commitment of 0.7 percent of Gross National Income (GNI) for Overseas Development Assistance (ODA), with sufficient allocation for reproductive health services and programs.

Mary Butterill
VP Communications





From the CFUW-Ottawa Environmental Toxins and Health Study Group

Children's Environmental Health

Environmental toxins have increased significantly over the past five decades. Children are more susceptible to exposure because they are growing rapidly; have immature metabolic and physiological systems that provide less protection; are exposed through a variety of paths, such as in utero, via breast milk, and via direct contact with toxins as they play; and, are often unable to recognise or respond to hazards. The Canadian Association of Physicians for the Environment (CAPE) recognizes five areas of concern¹:

1) respiratory health

Children breathe more rapidly than adults, run around more, and spend more time closer to the ground.

Irritants include: tobacco smoke; exhaust fumes; volatile organic compounds (VOCs) from paints, cleaning supplies and some pesticides; allergens such as dust and pollen.

2) neuro-behavioural development

Some substances in our environment are neuro-toxic. These can affect the development of a child's nervous system, causing behavioural and learning difficulties.

Environmental neurotoxins include: polychlorinated biphenyls (PCBs); a variety of pesticides; heavy metals such as mercury, manganese, cadmium and lead.

3) cancer and immune functioning

Childhood cancers may be related to exposures to toxins *in utero* or during infancy.

Culprits include: ionizing radiation; some pesticides; organic solvents, and possibly tobacco smoke, asbestos and UV radiation.

4) dermatological health

A child's skin is thinner than an adult's, and a baby's skin is very permeable. Therefore, children are more likely to absorb toxins through their skin.

Dangers include: UV radiation; persistent organic pollutants (POPs); cosmetics; formaldehyde; metals such as nickel and chromium.

5) reproductive health

A variety of pollutants may interfere with reproductive development and future fertility. Exposure during pregnancy, breast feeding and early development put children at risk.

Risks include: organic solvents; heavy metals; POPs and PCBs; some pesticides; hormonally active agents such as estrogens.

Parents, caregivers and society should make every effort to reduce the risks for children. While it is impossible to prevent all exposure to toxins from pre-conception to adulthood, we should encourage regulatory agencies to exercise the precautionary principle when it comes to environmental pollutants and children.

¹CAPE. (n.d.). Children's Environmental Health Project. Retrieved October 12, 2011, from <http://www.cape.ca/children/index.html>

Art and Politics : Life After Parliament Hill

First, she had to meet with the Prime Minister. So, Rosemary Thompson, veteran journalist and the current Director of Communications and Public Affairs at the National Arts Centre, began her talk on Oct. 3 an hour later than usual, after the Club's business meeting. It was well worth the wait and a treat for the 100 members in attendance. Gathering in the sanctuary of St. Timothy's Presbyterian Church instead of in the (usual) basement, added a sense of importance to the evening.

What an exciting life she has led!! She moved from CBC to CTV so she could be on the campaign bus during the 1995 Quebec referendum, her favourite political campaign, in her home province. She has travelled the world as a multi-award winning reporter and

producer of documentaries, Deputy Bureau Chief of the Parliamentary Bureau for CTV News and a Director of the Parliamentary Press Gallery. Appointed by CTV in 2000 as the first woman correspondent to Washington, D.C., she was there to report on the events of that fateful day, Sept. 11, 2001. She spoke of the positive changes for women in Canadian television newsrooms and the growing number of women in prominent positions.

Rosemary's sister Virginia is the Executive Producer of *Corner Gas*, and her first cousin and role model is Shelagh Rogers. She spoke of climbing the ladder in journalism as an observer, and on reaching the top, wishing to be part of the building process, not just a spectator.

She has found that opportunity in her current role at the National Arts Centre, one which allows her to nurture her lifelong interest in the performing arts. In June 2010, she coordinated the Queen's visit to unveil the Oscar Peterson statue in front of the NAC. More recently, Rosemary produced the NAC Orchestra's outdoor requiem concert on the roof of the NAC which honoured the many people who contributed at the time of the 9/11 tragedy.

Rosemary has three children, the youngest a little girl adopted from China. She credits her husband Pierre, a teacher at Ashbury College, and her children's grandparents, for enabling her career. It would not have happened without their encouragement and support.

Mary Partington
Program Committee

Jaunters Take Wing



Some of the Club **Jaunters** launched their year on Oct. 6 by attending the annual butterfly show hosted by Carleton University's Biology Dept. in its greenhouses. The exhibit featured 1,300 live butterflies from around the world, representing 41 species. Shown from left to right are: **Back row:** Kawsar Kruithof, Joy Johnstone, Jean Halpenny, Bonnie Hodge-Barber, Sue Clarke, Aline Barrette. **Front row:** Peggy McGillivray, Marlene Hewitt, Shirley Kaulbach, Pat Richardson.

TEA WITH THE FAMOUS FIVE

Most of us are familiar with the sculpture on Parliament Hill depicting five “larger than life” women enjoying a cup of tea, waving a banner or involved in conversation. The monument, inaugurated on Persons Day, Oct. 18, 2000, invites visitors to join the women, sit on a chair or have their picture taken clinging to the outstretched arm holding the banner. For the past six years, the Ottawa Council of Women has held a noon hour gathering at the monument on Persons Day. Everyone is invited to bring their teacup and enjoy a cup with the Famous Five. Tea is served each year by the Parliamentary Dining Room, kindly arranged by a Member of Parliament, as required by regulation.

Women’s rights in Canada were formally acknowledged in 1929 after five women from Alberta (Nellie McClung, Louise McKinney, Henrietta Muir Edwards, Emily Murphy and Irene Parlby) challenged the British North America Act of 1867 to the British Privy Council which ultimately declared that women were “persons” and therefore eligible for appointment to the Senate. Their determination was not the beginning –



women had already gained the right to vote in all federal and most provincial elections - but it was certainly not the end of the struggle. It still goes on today.

This year the Council chose as its sub-theme – Standing on the Shoulders of Those Who Came Before Us. Participants were asked to read the names and achievements of outstanding Canadian women from our past. In his message to the gathering, Hon. Mauril Bélanger, Liberal MP for Ottawa-Vanier (our sponsor this year), paid tribute to his mother, who raised five children, operated a business and advocated for francophone education.

Like Mr. Bélanger, we can all think of women who inspired us. These women recognized that being pleasing and agreeable does not always achieve much. As Emily Murphy said, “We want women leaders ... who are willing to go out and fight.” We can proudly stand on their shoulders and continue the tradition of courage and determination.

See you next year. Same time. Same place.

Monica Cullum
 Convenor, Status of Women,
 Ottawa Council of Women

ENTERTAINMENT BOOKS ON SALE



Salwa Hafez and Glenys Pike are selling 2012 Entertainment Books to raise money for the CFUW-Ottawa Scholarship Trust Fund. The books contain discounts for businesses and services in the Ottawa area such as restaurants, dry cleaning, museums, the National Gallery, golf,

downhill skiing, Ottawa 67’s tickets, travel, entertainment, car rentals, and hotels. The price is \$35, unchanged from last year, \$10 of which goes towards your Scholarship Fund. With just a few uses, you get your money back. You may wish to buy a book for yourself, as a gift, or to share with a friend. Please call Salwa at (613) 744-2395 or Glenys at (613) 523-0283, if you’d like to purchase one, or, stop by the table at the November General Meeting.



International
Women's Day

SAVE THE DATE!

Canadian Federation of University Women (CFUW)-Ottawa, Kanata & Nepean
& the Ottawa Council of Women (OCW) will present our

8th Annual International Women's Day (IWD) Celebration
at CentrepoinTE (Council Chamber & Atrium)
on Tuesday, March 6, 2012



Photo by: Beverlee McIntosh

This popular event features delicious refreshments; fascinating speakers; entertainment; and, door prizes, as we join women around the world in a celebration of women's accomplishments and history.

6 to 7 spaces at tables in the Atrium will be available free of charge to members who wish to sell their publications or crafts. Please contact Beverlee McIntosh at Beverlee.mcintosh@gmail.com or (613) 728-9770, for further details, if interested in participating in a democratic draw for the limited table space.

For information or to volunteer, please contact Co-Chairs
Beverlee McIntosh (613) 728-9770, Beverlee.mcintosh@gmail.com
Charlotte Rigby (819) 778-3438, crigby@videotron.ca
Sue Ellwood (613) 591 0136, sellwood@magma.ca
Joy Forbes (613) 592 6099, joy.forbes@sympatico.ca

For information about IWD, see www.internationalwomensday.com



International
Women's Day

CFUW-Ottawa Scholarship Trust Fund

Statement of Financial Position As at May 31, 2011	
Assets	
Cash	\$18,964
Investments	\$530,183
Total Assets	\$549,147
Liabilities	
Accounts Payable & Accrued Liabilities	\$1,356
Total Liabilities	\$1,356
Net Assets	\$547,791

Statement of Operations & Net Assets As at May 31, 2011	
Revenues	
Donations - Tax receipted	\$21,599
Donations - Non tax receipted	\$495
Donations - Centennial Scholarship Fund	-
Donations - CFUW-Ottawa	\$6,544
Interest	\$15,686
Total Revenues	\$44,324
Expenses	
Scholarships & Awards	
Carleton University	\$13,500
University of Ottawa	\$12,500
Queen's University	\$1,200
Donation to CFUW	\$1,500
Donation to Ottawa Little Theatre	\$500
General & Administrative	\$1,603
Total Expenses	\$30,803
Net Income	\$13,521
Net Assets at May 31, 2010	\$534,270
Excess of Revenues over Expenses	\$13,521
Net Assets at May 31, 2011	\$547,791

Chartered Accountant Karyn Sheridan compiled CFUW-Ottawa's Scholarship Trust Fund financial statements for the fiscal year ended May 31, 2011. They include a statement of financial position, a statement of operations and net assets, and notes to the financial statements. Please contact me, if you have any questions.

Respectfully submitted,
Janet Riehm, Treasurer, Scholarship Trust Fund

OAKVILLE SYMPOSIUM: Champions – Education for Afghan Women and Girls

Women and men fêted Sally Armstrong, an outstanding advocate for women's empowerment and human rights, at a gala dinner in her honour, hosted by Canadian Women for Women in Afghanistan (CW4WA) in Oakville, Ont. on Sept. 30, 2011. Among those who paid tribute were Dr. Sima Samar and Alaina Podmorow of Little Women for Little Women in Afghanistan (LW4LWA). Alaina sang a song that she had composed for Sally. CFUW members from Burlington, Oakville and CFUW Afghan Focus Group members from Ottawa and British Columbia attended.

At the conference the next day, we heard from women working on the ground about the urgent need to bring education to Afghan women and girls. Dr. Sakena Yacoobi, Director, Afghan Institute of Learning, spoke passionately about the Institute – which offers human rights and leadership training while providing health care and education at learning centres in Afghanistan. Dr. Sandra Cook, Louis Hatch Dupree Foundation/Able-Box Library Program, told us of her work to provide books in the vernacular, which are carried around the country by mule and donkey into homes in remote areas. In conversation, Sally Armstrong "interviewed" Dr. Sima Samar, asking her to tell us about her life. All speakers let us know of their concerns for the future of the Afghan people, as they seek a peace after over thirty years of war. Women fear that in the anxiety to gain concessions in negotiations with the Taliban, gains made over the past ten years will be lost.

It is a dangerous time, suicide bombing continues and security is fragile. The best hope for the future lies in lifting the Afghan people out of grinding poverty through education.

Susan Russell

CFUW Coordinator of International Relations