



Canadian Federation of University Women – Ottawa

Capital Carillon

April General Meeting

DATE: Monday, April 6, 2015
 TIME: 7:30 p.m.
 PLACE: Riverside United Church/
 Anglican Church of the
 Resurrection,
 3191 Riverside Drive,
 Ottawa, ON K1V 8N8
 (across from Mooney's Bay)
 SPEAKER: Prof. Rachel Thibeault,
 B.Sc., M.Sc., PhD, O.C.
 TOPIC: Simple Strategies to Build
 Resilience in Daily Life

Dr. Thibeault is a Full Professor in the Faculty of Health Sciences at the University of Ottawa since 1992. She has a background in occupational therapy, psychology, and community development. Her work as a clinician took her from acute mental health settings and physical rehabilitation centres in Ontario, Québec, and Nova Scotia to community-based services in the Canadian Arctic.



Photo by: Robert Lacombe

Dr. Thibeault specializes in Community-Based Rehabilitation, psychosocial care, and issues of meaning, resilience, and social justice in health care. Her work has taken her to many countries but she was shocked by the state of health care in Yellowknife when she was working with aboriginal communities. Dr. Thibeault remarked that the health care in the aboriginal communities was some of the worst that she had witnessed in the world. She began working with the local communities and looked at Community-Based Rehabilitation as a way to offer

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PRESIDENT'S MESSAGE

CHARLOTTE RIGBY

Spring is definitely on the way! And, along with longer days and spring flowers, CFUW-Ottawa has lots of new activities and events. Here's a brief taste:

Our new Susan Scott Parker Scholarship was awarded for the first time at our March 9 Scholarship General Meeting. This award for an undergraduate student with a disability at Carleton University, funded by CFUW-Ottawa members led by Fran Harding, supports our 2012 CFUW-Ottawa policy resolution *Full Accessibility and Barrier-Free Environments for Persons with Disabilities*. (This is one way we can turn CFUW resolution-based policies into effective action!) The winner, Sarah Kealey, is a B.Sc. (Hons) student of Neuroscience at Carleton. Also new this year was the Barbara Newbegin Award in Mathematics, presented on March 9 to Katelyn Fontaine, a B.Sc. (Hons) student of Financial Mathematics and Economics at the University of Ottawa. Congratulations to Sarah and Katelyn, as well as to the 20 other winners of CFUW-Ottawa awards and scholarships. It was lovely to meet "our girls" at this special evening. They are a very beautiful and talented group.

The Up For Debate campaign is an alliance of over 150 Canadian women's organizations (including CFUW) whose objective is to raise awareness about women's rights as we approach the 2015 federal election. A major goal is to have all federal party leaders in a national televised debate on women's concerns. The last such debate was in August 1984!

We need our political leaders to support:

- Ending violence against women;
- Ending women's economic inequality; and
- Women's leadership and organizations.

The Up for Debate website at upfordebate.ca/ has lots of information. Green Party leader Elizabeth May and New Democratic Party leader Tom Mulcair are already committed. We urge Prime Minister Stephen Harper, Liberal leader Justin Trudeau, and Bloc Québécois leader Mario Beaulieu to join. Before March 31 we can:

- Send a message to them through the website;
- Sign an online petition at the website; or
- Print a petition to sign, collect signatures, and mail to Up for Debate.

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Meeting – continued

better service and build a path with the community.

Dr. Thibeault's research focuses mainly on community-driven models of rehabilitation services in hard-to-access settings, areas affected by HIV/AIDS, former or current war zones, and leprosy communities. Her participatory action research has taken her to the High Arctic, South East Asia, Central America, Europe, Africa, and the Middle East. She works from a participative perspective that fosters community decision-making at all levels and promotes approaches that build on the principles of sustainable livelihoods, service integration, and social inclusion.

In 2013, Dr. Thibeault was appointed Officer of the Order of Canada for expanding the boundaries of occupational therapy and advocacy on behalf of people with disabilities.

She has a B.Sc. in Health Sciences (Occupational Therapy) from Université Laval, an M.Sc. (Psychology) from Acadia University, a PhD (Community Psychology) from the Université de Montréal, and postdoctoral training at the University of Southern California (Los Angeles) and at the University of Århus (Denmark).

Please join us for a stimulating presentation by Dr. Rachel Thibeault on April 6.

Capital Carillon is published monthly from October to May, except for January.

Please send all material for the next issue to the Editor:
Mary Butterill
at marpathb@storm.ca.

Next issue: **May 2015**
Deadline: **April 15, 2015**

Links to electronic issues going back to February 2001 are found under Newsletter, Archives on the Club website at www.cfuw-ottawa.org.

President – continued

A related issue is the "Focus Group" Project initiated by the Canadian Research Institute for the Advancement of Women (CRIAOW) in partnership with the Universities of Ottawa and Saskatchewan. Watch for notices about a CFUW-Ottawa Focus Group meeting where we can identify concerns important to women and bring them to the forefront in election debates.

The recent Supreme Court Decision that permits "physician-assisted death" has raised many questions. One of our own members, lawyer Alicia Natividad,

will lead a special meeting and discussion on "Dying with Dignity: *Carter v. Canada (AG)*" on Monday, May 11 at the Riverside Churches (3191 Riverside Dr.) We'll offer a light lunch at 11:30 a.m. and Alicia will speak at 12:30 p.m. The meeting will be free (as always) but lunch will be \$15. Details will follow. Phone Nancy Simmons-Wright at (613) 421-1370 for more information.

This is only a brief introduction. This issue of the *Carillon* is full of information about many more activities. I hope you enjoy them!

LOOKING AHEAD TO CLUB EVENTS IN SPRING AND SUMMER 2015**MARK YOUR CALENDARS!**

April 6 General Meeting, Riverside United Church/Anglican Church of the Resurrection, Ottawa **Speaker:** Dr. Rachel Thibeault on *Simple Strategies to Build Resilience in Daily Life*

April 17 NAC Musical Lunch & Silent Auction, Le Café, National Arts Centre, Ottawa (Registration started at March 9 General Meeting) **SOLD OUT!**

May 5 CFUW-Ottawa AGM, Restaurant International, Algonquin College, Ottawa (Registration started at March 9 General Meeting)

May 11 Special luncheon meeting, **12:30 p.m.**; Lunch (optional): **11:30 a.m. (\$15)**, Riverside United Church/Anglican Church of the Resurrection, Ottawa **Speaker:** Alicia Natividad on *Dying with Dignity, Carter v. Canada (AG)* **Contact:** Nancy Simmons-Wright (613) 421-1370 (Lunch registration starts at the April 6 General Meeting)

May 29-30 CFUW Ontario Council AGM, Hilton Garden Inn Ottawa Airport **Speakers:** Sue Holloway, Denise Chong, Tina Fedeski, and Sadiqa Basiri **REGISTRATION IS NOW OPEN. Click [HERE](#) for registration information or go to [News and Announcements](#) on the CFUW-Ottawa website.**

June 16 UWHAW Summer Evening Garden Reception, Home of Hally and Hugh Siddons by the Canal, Ottawa (**Note: Date changed from June 17 to welcome Guest Speaker Sally Armstrong**) (Registration starts in late April and at the May 5 AGM)

June 18-21 CFUW National AGM, Hôtel Château Laurier Québec, Québec City **REGISTRATION IS NOW OPEN. Click [HERE](#) for registration information.**

June 25-28 Ottawa Dragon Boat Festival, Mooney's Bay Park, Ottawa (CFUW-Ottawa Dragonauts are racing again this year)

June 26 CFUW-Ottawa Golf, Luncheon, & Bridge, Larrimac Golf Course, Chelsea (Registration starts in late April and at the May 5 AGM)

See more details online at www.cfuw-ottawa.org and/or in the *Carillon*.

SPEAKING TRUTH TO HISTORY

Our International Women’s Day Celebration, 2015

The 11th International Women’s Day (IWD) celebration co-sponsored by CFUW-Ottawa, Kanata, and Nepean, and the Ottawa Council of Women, was held at Ben Franklin Place (Centrepointe) on March 2. Our theme was *Speaking Truth to History*.

The evening started with a cocktail reception in the Atrium with delicious appetizers from Epicuria. The Atrium held an excellent display of artisania. Ten Thousand Villages displayed children’s books, cookbooks, chocolate, and other lovely items. A new vendor, Re: Purpose, brought a unique selection of handmade jewelry, art, and jams. Tabitha displayed wonderful silk items from Cambodia and The Women’s Foundation of Nepal offered a fabulous selection of pashminas and other finely woven scarves and shawls.

Anita Vandenbeld, a member of the Ottawa Council of Women, distinguished worker for international women’s rights, and co-author of the just released *The Oxford Book of Transnational Feminist Movements*, was our master of ceremonies. Through her wonderful account of a statue she bought from a woman in a thatched roof hut in Liberia, Anita demonstrated the great advances still being made by young feminists throughout the world. Triple Trouble entertained us with an outstanding display of fiddle playing

and step dancing and received a standing ovation.

Dr. Greta Kroeker’s entertaining presentation on *The Early Modern Witch Hunts and Their Modern Legacy* made the evening a huge success. Dr. Kroeker’s area of expertise is Early Modern Europe which ranges from 1450 to 1750, the era that used to be called the Renaissance and Reformation. During that period, Europe was thrown into complete disarray because of huge changes in religious authority, intolerable taxation, wars, poor farming techniques, and significant lack of understanding of nature and agriculture. As a result, society looked for reasons for their calamity and hardship. Unfortunately, too often the mob found that the “cause” was that strange, old, single woman who likely rode a broom and consorted with the devil. And, my goodness, did she consort with the devil! Dr. Kroeker explained how this total shakeup of culture and norms caused unspeakable suffering and scapegoating which was only relieved once we got to the Age of Enlightenment and science came to the fore. Dr. Kroeker truly spoke truth to history.

We thank the many volunteers who gave freely of their time and enthusiasm to help make our event so successful. And we had a great time!

Frances Manning, Charlotte Rigby, and Jean Chapman, CFUW-Ottawa
Beverlee McIntosh and Maria Neil, Ottawa Council of Women
Sue Ellwood and Sharon Carew, CFUW-Nepean
Carol Fowler, CFUW-Kanata



Photos, from the top: 1) Reception in the Atrium; 2) Speaker Dr. Greta Kroeker; 3) Presentation audience in the Council Chamber; 4) **From left to right:** Ginger Taylor, Rachel Decoste, and Caroline Whitby; and 5) CFUW-Ottawa Event Co-Chair Fran Manning **Photos by:** Joe Morris



CFUW-Ottawa Scholarship Awards Evening

Approximately 100 people attended the General Meeting on March 9 to celebrate and honour the 2014-15 winners of the CFUW-Ottawa Scholarships. Margaret Haines, Scholarship Trust Fund Chair, welcomed the winners and their families, as well as Club members and other guests. She briefly outlined the work of the Trust, introduced the other Trustees, and then introduced Maureen Pytlik, a Carleton University student and former winner of the Helen Nininger Music Scholarship who talked about the obstacles and opportunities she faced as a student with Asperger's Syndrome.

Following her talk, Maureen gave a clarinet recital accompanied by Emil Prikryl on the piano. They performed *Clarinet Sonata in E-flat Major* (for clarinet and piano) by Felix Mendelssohn. Two current winners gave short recitals as well – Erin Felepchuk of Carleton University played the piano and sang two of her own compositions, *My Cat* and *No Confusion*; and Rebecca Shew of the University of Ottawa sang *Teco, Si* by Leonardo Vinci.

Next, we presented awards to all those winners who could be present for the evening and took photographs. We were delighted that we had 16 winners present – a record attendance with the six other winners either in class or ill and unable to attend. We were also



Left to Right:

Top Row: Anne Marie Danielle McHale, Nathalie Goyette, Erin Felepchuk, Camille O'Sullivan, and Rachel Everett-Fry

Middle Row: Lindsay Croxall, Katelyn Fontaine, Andrea Faubert, Audrey Beauséjour, Shelby Vanessa Lisk, and Amal Mohamed

Front Row: Atchariya Fletcher, Sarah Kealey, Sarah Ghabrial, Rebecca Shew, and Mariana Toledo

Photo by: Sue Chapman

Details on the awards are found under Scholarships and Donating at www.cfuw-ottawa.org.

pleased that the winners of two of our new awards this year – the Susan Scott Parker Scholarship at Carleton University and the Barbara Newbegin Award in Mathematics at the University of Ottawa, were also present. The photograph above shows all the winners who attended the evening. The full list of winners is on the next page. See thank you notes below and on the next page.

Finally, we were especially pleased to have Lucille Muldoon, Barbara Newbegin, and Jim Nininger in the audience for the event as they are the sponsors of four of our awards. We were able to take photographs of them with their award winners.

Margaret Haines, Chair,
and **Patricia O'Flaherty**, Convenor,
Scholarship Trust Fund

Thank You Remarks from 2014-15 CFUW-Ottawa Scholarship Winners:

Diana Jung, Winner of the Mary Kyles Award at University of Ottawa:

"I wanted to express my gratitude in receiving the award. I truly appreciated the hard work that you and the members of CFUW-Ottawa have put in to benefit women pursuing higher level education."

Atchariya Fletcher, Winner of the Harriet and Eugene Forsey Scholarship, Carleton University:

"Thank you very much for awarding me the Harriet and Eugene Forsey Graduate Scholarship. It is a generous gift for which I am truly grateful. I am so honoured to have received this award in the final year of my graduate program. I have enjoyed a satisfying – and long – academic experience and this type of financial and moral support is greatly appreciated."

CFUW-Ottawa STF Scholarship Winners 2014-15

University of Ottawa

Gladys Harvey Award (\$1,000)	Nathalie Goyette	2nd year, BA, General
Constance Jones Scholarship in Women's Studies (\$1,000)	Rachel Everett-Fry	2nd year, BA, Women's Studies & Anthropology
Helen Nininger Scholarship in Fine Arts (\$1,500)	Shelby Vanessa Lisk	4th year, BFA, with minor in Women's Studies
Charlotte Whitton Award (\$1,000)	Andrea Faubert	4th year, BA (Hons), Political Science with minor in Law
Mary Kyles Award (\$1,000)	Diana Jung	4th year, BA (Hons), Sociology
Lucille Muldoon Award (\$1,000)	Audrey Beauséjour	3rd year, B.Sc., Human Kinetics
Muriel Axon Award (\$1,000)	Amal Mohamed	1st year, B.Ed, Primary and Junior
Lois Harper Scholarship in Music (\$1,000)	Rebecca Shew	1st year, BA, Music
Lillian Gertsman Scholarship (\$1,000)	Lindsay Croxall	3rd year, BA, Psychology
The Reid Memorial Scholarship (\$1,500)	Anne Marie Danielle McHale	PhD, Medicine
Barbara Newbegin Award in Mathematics (\$2,500)	Katelyn Fontaine	2nd year, B.Sc. (Hons), Financial Mathematics & Economics – Co-op Program
Barbara Newbegin Award in Music (\$2,500)	Emily MacDonald	MA, Music

Carleton University

Harriet and Eugene Forsey Scholarship (\$1,000)	Atchariya Fletcher	MA, Political Science
Alice E. Wilson Scholarship in Geosciences (\$1,000)	Not awarded	
Shirley Greenberg Award (\$1,000)	Alisha Bailey	BA (Hons), Law
Dr. Ruth Bell Scholarship (\$1,000)	Kathryn Nicholson	4th year, BA (Hons), English
Carol Shields Scholarship (\$1,000)	Sarah Ghabrial	4th year, BA (Hons), Psychology
Naomi Rayner Scholarship (\$1,000)	Alison Thompson	4th year, BA (Hons), Anthropology
Dorothy Powell Scholarship (\$1,000)	Mariana Toledo	4th year, BA (Hons), Economics
The Ruth Bell Centennial Scholarship Honouring all Members of the Ottawa Club since 1910 (\$5,000)	Camille O' Sullivan	3rd year, BA (Hons), Women & Gender Studies
Helen Nininger Scholarship in Music (\$1,500)	Erin Felepchuk	1st year, BA (Hons), Music
Susan Scott Parker Scholarship (\$1,000)	Sarah Kealey	2nd year, B.Sc., Neuroscience

Ottawa Little Theatre

Gladys Cameron Watt Award (\$500)	Step Taylor (Chapel Arm, Newfoundland)	<i>The False Neighbour</i> (3rd Prize, OLT's 74th National One-Act Playwright's Competition)
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Katie Nicholson, Winner of the Dr. Ruth Bell Scholarship at Carleton University:

"I am writing to thank you for your generous support. I feel honoured to have received this award, and this scholarship will go a long way in helping me to complete my degree... I am a part-time, mature student, and I hope to graduate in 2015. Like many students, I have faced numerous obstacles in the effort to pursue a post-secondary education, and I find myself still working on completing an undergraduate degree at age twenty-nine. As a result, it is really wonderfully encouraging to know that I am being supported by a community of women dedicated to helping female students achieve academic success. As I finish my final year's courses at Carleton, I will be sure to remember that I could not have completed my degree without the kindness and support of friends and strangers alike... I hope one day to utilize my education and experience in order to give back to my community, much like the Canadian Federation of University Women has done."

CFUW Ontario Council Standing Committees Meeting, March 14, 2015

CFUW Ontario Council has three Standing Committees: Education, Legislation, and Status of Women and Human Rights. At each of the three Standing Committee meetings every year, one Committee organizes the morning plenary session, and all three Committees meet separately in the afternoon. At the March 14 meeting, the Education Committee hosted the morning plenary with a discussion on “Transforming Ontario’s Post-secondary Education System.” Ontario’s changing demographics have a tremendous impact on colleges and universities: numbers in the 18-20 age group (the cohort that accounts for almost 80 percent of those entering post-secondary institutions) are decreasing and won’t recover until 2036 (and much later, if ever, in northern and eastern Ontario). Universities must negotiate new kinds of funding agreements (Strategic Mandate Agreements, or SMAs) to survive. They compete for students, while students need help to meet rising tuition costs and reduce their dependence on student loans. The future will see growth in student-centred learning approaches, reduced funding, and new funding approaches.

The afternoon Status of Women and Human Rights workshop was on “Using the Gender Lens in Developing Public Policy.” The term “gender lens” was new to many of us. In brief, it can be defined as the art of keeping gender issues, differences, and concerns clearly in focus. Historically, as we know, the “lens” has not focused well on women. Our discussion was on how this can be corrected. There were some interesting examples of social determinants affecting women’s health: a) sexual harassment issues in the workplace and on the street; b) expectations that women assume responsibility for family care including caregiving for the elderly; c) medical field research done using male subjects, with the false assumption that findings would apply equally to women. We can take action to use the gender lens to level the playing field. We can support many groups that already exist: a) Equal Voice to increase the number of women entering public life; b) Sisters in Spirit to address violence against aboriginal women; c) the new Ontario sex education program for both boys and girls; and d) our own CFUW policies and action plans.

Charlotte Rigby
President, CFUW-Ottawa

REMINDER: Cost Recovery of Print Version of the *Carillon* Started on Feb. 1, 2015

In June 2014, the CFUW-Ottawa Board of Directors approved an **annual subscription fee** to recover the cost of printing and mailing seven issues of CFUW-Ottawa’s *Capital Carillon* newsletter. **From Feb. 1, 2015, new and renewing members for 2015-16 who request the *Carillon* in paper format are required to pay \$15 per year.** The 2015-16 Registration Form has been amended to include this option. **Note:** We will continue to notify all members by email as soon as the electronic version of each issue is published on the Club website. For more details, see page 7 of the October 2014 issue of the *Carillon* or go to the Club website at www.cfuw-ottawa.org/Newsletter/Printed.



CFUW Dragonauts Gearing Up for Third Season — Seeking Two More Paddlers!

The Dragonauts are looking forward to a third year of racing in Tim Horton’s Ottawa Dragon Boat Festival in Mooney’s Bay Park on June 25-27. Sue Holloway is coaching the team again this year and we will continue to practice on Wednesday afternoons beginning in early May. The team practices once a week to review paddling technique and to continue to develop core body fitness. Our team ranges in age from the late fifties to the early eighties. We enjoy the fun and friendship that comes from working together!

Pat O’Flaherty, as Pledge Captain, is organizing our team fundraising. Our participation in the Great Glebe Garage Sale is planned for May. Friends and family may prefer to support individual paddlers by going online through the team web page and making a donation directly. We remain committed to being one of the top 16 fundraiser teams again this year. Your support is invaluable!

The Dragonauts are seeking two additional paddlers for this year’s team. We like to have two to three extra paddlers to rotate on the boat and to ensure that we have a full complement on race day. If you would like to check into dragon boating or are just curious, please contact me at ronadell@sympatico.ca or call (613) 599-9662. Please ask questions — this is something that you can do!

Adell Hay
Captain, Dragonauts 2015



From Ottawa to the World With IFUW

When I joined CFUW-Ottawa 10 years ago, I expected to join study groups and advocacy projects, and to enjoy lots of “Fellowship, Fun, and Food.” But I found more! I found that CFUW has a direct connection to international women’s development as a member of the International Federation of University Women (IFUW). Of my annual CFUW-Ottawa membership dues, \$18.69 (about the cost of a medium bottle of wine) goes to support IFUW. What do I get for this \$18.69?

Well, I think that a much more important question is “What benefit do international women and girls get from my \$18.69?” I went to the IFUW web site at www.ifuw.org for answers.

I found that IFUW was founded in 1919 by women from Canada, Great Britain, and the United States to advocate for women’s rights, equality, and empowerment through education. IFUW promotes lifelong education; supports international cooperation; advocates for the advancement of women and girls; and encourages them to assume leadership and decision-making positions. The IFUW vision sees 100 percent of girls and women in the world achieving education beyond primary school!

Every three years, IFUW hosts a Triennial Conference where members of 62 National Affiliates (member countries) and individual members from over 40 other countries discuss emerging priorities, strategies, and actions. Many CFUW-Ottawa members have attended, and in 2001, IFUW met

here in Ottawa! The 2013 Triennial was in Istanbul and the 2016 meeting will be in Cape Town, South Africa.

IFUW supports a wide range of community projects, including literacy and financial literacy; vocational training; promotion of girls and women’s skills and learning; and campaigns to increase women’s awareness of their rights. IFUW’s Bina Roy Partners in Development (BRPD) Program supports projects in over 30 countries. For an interesting list, go to www.ifuw.org/what-we-do/projects/.

Each year, IFUW awards up to 25 Fellowships and Grants for a wide variety of postgraduate study and research projects. See information at www.ifuw.org/what-we-do/grants-fellowships/international-awards/.

IFUW has special consultative status at many international conferences and represents the interests of women and girls in negotiations for new conventions and agreements. IFUW representatives participate in Parallel Sessions of the United Nations Commission on the Status of Women (UNCSW) in New York. (This year, CFUW-Ottawa members Ann Denis, Leila Metcalf, Hally Siddons, and Susan Russell attended these sessions; they report that it is a powerful experience.)

To sum up my very brief sampling of IFUW programs and activities (and there are many more!): Awesome! My \$18.69 is well-spent indeed!

Charlotte Rigby
President, CFUW-Ottawa

CFUW-OTTAWA 2015 AGM & DINNER



Tuesday, May 5, 2015 6 p.m.

Restaurant International
Algonquin College
H Building, 1385 Woodroffe Ave.
Ottawa ON K2G 1V8

Cost per person: **\$35**
(incl. tax & service charge)

All cheques payable to CFUW-Ottawa

Register:
At April General Meeting
OR
By contacting Alice Bolt
at (613) 731-5221
OR

Online at www.cfuw-ottawa.org/events

Cutoff date for registration is April 27
Registration is open to members only!

For other information, call Mary Broderick
at (613) 421-1445.

The menu will be posted on the website in April.

Share Your Good Ideas!



Email us at
communications@cfuw-ottawa.org
OR

Click on [Suggestions](#) now OR from
the “Contact Us” page on the
[CFUW-Ottawa website](#)



One party was not enough! After our own great International Women’s Day (IWD) celebration on March 2, CFUW participated in another celebration of IWD on March 5. The “Join the Feminist Party” party at Library and Archives Canada was co-hosted by several organizations including our CFUW National Office, Amnesty International, OXFAM Canada, Inter Pares, Planned Parenthood Ottawa, MATCH International Women’s Fund, and many more. All had information tables, many interactive. The CFUW table, manned by our national Advocacy Coordinator Tara Fischer, asked

us to complete the thought-provoking phrase “The Power of Women Working Together....” I had to think about what to contribute, but settled for “... Can Be a Mighty Force!”

The program focused on the “Up For Debate” campaign which urges our national party leaders to hold a debate devoted to women’s issues as part of the buildup for the coming election. You can access information on the “Up for Debate” campaign and petition at www.UpForDebate.ca. The last time Canadian political leaders held a debate on “Women’s Issues” was 1984!

A mock debate captured hilarious input from leaders of the “World Wide Party”, the “Kitchen Sink Party”, the “Equal Way Party”, and the “1% Party.” The program highlight was the presentation of the 2015 winners of the “FEMMY” Awards for outstanding service to the women of Ottawa and the world. They were: Colleen Cardinal (Families of Sisters in Spirit); Dr. Angel Foster (University of Ottawa); Dr. Dawn Moore (Carleton University); Sandi Harmer (Amethyst Women’s Addiction Centre); and Liz Bernstein (Nobel Women’s Initiative).

There was delicious food, wine, and beer, and a DJ too! All in all, a great and very timely “Feminist Party” party.

Charlotte Rigby
President, CFUW-Ottawa



2015 NAC Musical Lunch & Silent Auction

Friday, April 17, 11:30 a.m.
Le Café, National Arts Centre

- ✦ Elegant THREE-COURSE MEAL
- ✦ PERFORMANCE by a top notch musician
- ✦ COMPLIMENTARY TICKETS at each place setting to an upcoming NAC musical performance

SOLD OUT!

Silent Auction starts at 11:30 a.m.
Don't forget to bring your chequebooks.

Raffle: 10 tickets for \$5 • Door prizes

This fundraising event is chaired by Mary Partington & sponsored by CFUW-Ottawa’s University Women Helping Afghan Women (UWHAW).

The proceeds of the meal will go toward the CFUW-Ottawa scholarships at Carleton University & the University of Ottawa.

The proceeds of the Silent Auction & Raffle will support the scholarships for Afghan women at the Gawharshad Institute of Higher Education in Kabul, Afghanistan

Open to all CFUW-Ottawa members & guests (women & men)

Cost per person: \$45 (incl. tax & service charge)
Sold out by March 18!

- ✦ Please contact Alice Bolt at (613) 731-5221 or by email at ianbolt@sympatico.ca to be placed on a waiting list.
- ✦ Mail cheques **made payable to UWHAW** to: Alice Bolt, 1531 Caton St., Ottawa, ON K1H 6J3
- ✦ Please advise Alice if you would like special seating arrangements.

Silent Auction Items

- ✦ *Un petit rayon de soleil*, a painting by Ottawa artist Marianne Feaver, whose work can be found at Galerie Old Chelsea.
- ✦ Gain a whole new perspective on Parliament Hill with this fascinating limited edition (126 of 425) print, *Vent d'Ouest*, by Henri-Julien D'Amour, Gatineau aquarellist.
- ✦ What could be more Canadian than enjoying a week at a traditional summer cottage located at nearby Crosby Lake?
- ✦ Sunny days and crisp evenings say September. Enjoy the beginning of “seasons of mists and mellow fruitfulness” by spending a week in September at a cottage on Fiddler Lake in the Laurentians.
- ✦ It's back! Last year witnessed a fierce battle for this item, so bid early and often on the now famous gourmet lunch for eight at the lovely home of Mary Partington.
- ✦ For a gala evening, dazzle your companions with a handsome bracelet cuff meticulously fashioned with hundreds of lapis lazuli pendants and a handsome silver clasp.
- ✦ Add just the right decorator’s touch with a jute rug (1.7 x 2.4 m) woven by the KwaZulu weavers of South Africa; this piece features pattern blocks in two tones of beige.
- ✦ Fly up, up, and away around Ottawa in a small aircraft flown by the husband of a CFUW member.
- ✦ Get behind the scenes of Canadian politics with a lunch in the Parliamentary Restaurant and tour of Parliament Hill.
- ✦ This intricately handcrafted Uzbek embroidered patchwork wall hanging from Northern Afghanistan (79 x 88 cm), will brighten any room.
- ✦ AND MORE! (jewelry, art, wine, etc.)

Women in Trades: A Walk With CFUW Policy

CFUW takes a proud and leading role in setting policy for our organization by researching and debating resolutions that, when passed, compose our direction and purpose. These resolutions most frequently “urge the government to ...” and are put into action by various letter-writing campaigns or presentations to our elected officials. This is a wonderful system and I applaud all who participate in the process.

Recently, I was undergoing a total change in lifestyle and required assistance in the tasks that it all entailed. Now, we had recently passed a resolution on supporting women in trades*, and it occurred to me that we should also be “URGING” our own membership to be on board with support. So, to put my money where my mouth was, to quote the cliché, I set about seeking organizations and companies that are owned and operated by women — our sisters.

Step one in this major move was to get my house ready to put on the market. There are several firms, women-owned, that provide this service. Due to club policy, I cannot advertise their names, but I can provide that information directly if anyone wishes to contact me. I was fortunate to be able to work with a particular company, which is not only owned and operated by women, but also coordinates with other “Women in Trades” companies and even assists women-oriented charities. This particular service comes in and works right along with you to organize your belongings. Basically, it comes down to a sorting process where each item is judged as keep, donate, or trash. Items that aren’t to be used right away are packed up for the move. Following a recommendation from those women, I was referred to a group of women painters, who were simply amazing. They had taken great pains to research their products and techniques and impressed me with their explanations and knowledge of the job they were undertaking. The next referral that I used was for

a cleaning company and I really lucked in there. The woman who started this business, using all environmentally-safe products, has been so successful that her husband has quit his job and joined her. Then on moving day, the original company came in and finished the packing and then travelled to the new home and organized the moving company and unpacked the crates. At this time, there aren’t any women who own a moving company, so I did use a male-owned company—recommended by the first company—that worked efficiently with our women.

So, we can help those women who have taken the risks and put their services

out there and I am proud to say that I not only talk the talk but have walked the walk. For names and contacts, you can reach me at bond1805@rogers.com.

Lynne Bond

Chair, CFUW-Ottawa Legislation/
Other Standing Committee

*Retention and Promotion of Women in Skilled Trades and Non-Traditional Occupations

CFUW, 2012 CFUW Barrie and District (Ontario)

RESOLVED, That the Canadian Federation of University Women urge the Government of Canada and provincial and territorial authorities concerned with education, employment, and skills development to work with business, labour, and industry associations to address and remedy the underrepresentation and lack of retention of women in skilled trades and non-traditional occupations by adopting strategies to create and promote a workplace culture that is inclusive of women and prevents stereotypical barriers to women’s successful entry and advancement.

Spring CFUW Focus Group: What issues are important to us? Giving CFUW a voice in the 2015 Election

At the 2014 AGM, CFUW passed the following: **RESOLUTION 3 Preservation of Democracy: Increasing Voter Turnout: RESOLVED**, That the Canadian Federation of University Women (CFUW) and its member Clubs initiate, engage in, and promote activities and programs to educate all Canadians about the importance of participating in our democratic system of government and to exercise our right and our responsibility to vote in all elections.

How can CFUW-Ottawa do this as a Club? And how would we keep this non-partisan?

The Canadian Research Institute for the Advancement of Women (CRIAOW) in partnership with the University of Saskatchewan and the University of Ottawa will be hosting a series of Focus Groups to gather issues that are of concern to Canadian women. These concerns and priorities will be presented to all the leaders of Canada’s political parties. CFUW-Ottawa has been asked to participate in one of these sessions.

And who better to ask? We are 485 well-educated, engaged, and opinionated women. We span a wide age range and have issues and concerns which should be addressed and recognized by our political leaders. Are the issues that are important to women in their 40s and 50s different from those of women in their 70s? What issues cross all age ranges? What are our priorities? What do we feel needs to be addressed first by party leaders?

This is our opportunity to put our ideas and opinions and concerns out there to be gathered and presented to all party leaders prior to the election.

We are hoping to organize the focus session for the spring. Depending on the number of interested Club members, we may be meeting in a member’s living room or in a classroom or a board room. We will keep you informed through the *Carillon* and occasional email updates as we organize, publicize, collect names, and attend to the details of holding this focus group.

Fran Manning
VP Liaison

Happening at Local CFUW Sister Clubs

The 2014-15 programs of our local sister clubs may interest you. To see the schedules of events and meetings that are open to the public and the names of guest speakers, go to their websites:

CFUW/Kanata: www.cfuwkanata.ca General Meetings: 2nd Wed. of the month, 7 p.m. at Stonehaven Apts., 70 Stonehaven Dr., Kanata

SPECIAL EVENT: CFUW Fund-raiser – Coffee House featuring music by **Revival (Hal Whiteman's & Ian Few's band)**. Saturday, May 2, 2015, 10 a.m. to 12 noon. St. John's Anglican Church, 325 Sandhill Rd., Kanata. Tickets \$15 in advance & \$20 at the door. Children under 12 are free.

CFUW/Nepean: www.cfuwnepean.ca General Meetings: 1st Tue. of the month, 1 p.m., except September and April, at Bells Corners United Church, 3955 Old Richmond Rd., Nepean

SPECIAL EVENT: CFUW/Nepean Scholarship Trust Luncheon featuring Guest Speaker **Hally Siddons** on her initiative helping young women in Afghanistan obtain an education. Thursday, April 9, 2015, 1 p.m. Bells Corners United Church, 3955 Old Richmond Rd., Nepean. Tickets \$20. Please reserve by April 7 with: Brenda Prosenyak-Weber at (613) 723-1177 or bmpweber@gmail.com or Sharon Carew at (613) 257-1747 or sharonacarew@yahoo.com.

CFUW Perth: cfuw-perth-district.com General Meetings: 3rd Mon. of the month 6 or 6:30 p.m. at Royal Canadian Legion Hall, 26 Beckwith St. E., Perth

CFUW-OTTAWA WELCOMES YOU
to the 2015 Ontario Council AGM!



Defying the Odds . . . One Step at a Time

CFUW ONTARIO COUNCIL
AGM & Conference
May 29 & 30, 2015
Hilton Garden Inn - Airport
OTTAWA



Join us at the beautiful Hilton Garden Inn (www.ottawaairport.hgi.com) for a wonderful conference featuring Sue Holloway, Denise Chong, Tina Fedeski, and Sadiqa Basiri.

These speakers will inspire you with their dedication to making a difference. Some have won honours and national recognition, others are working to ensure that those who follow will have greater opportunities for success. Come and join us to hear these amazing women!



Registration is now open! Click here for information.

Registration form also on the Ontario Council website (www.cfuwontariocouncil.ca) under Annual Meetings.

Questions? Contact CFUW-Ottawa LAC Co-Chair Nancy DeVillers at n_devillers@hotmail.com or 613-742-5599.

Plan to be there and enjoy a great conference and Ottawa's tulips, markets, fine dining and great weather.



2015 CFUW AGM, Québec City Registration is Now Open!

Early Bird Deadline is **May 17, 2015** • Final Deadline is **June 9, 2015**

For more information, click [here](#).



Fleuve et marées, femmes en mouvance
River and tides, women on the move

AGA ET CONGRÈS
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AGM AND CONFERENCE
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