



Canadian Federation of University Women – Ottawa

Capital Carillon

Annual General Meeting

CFUW-OTTAWA AGM and DINNER

Tuesday, May 5, 2015
6:00 p.m. Start and Cash Bar
6:30 p.m. Dinner and Meeting

Restaurant International
Algonquin College
H100, 1385 Woodroffe Ave.
Ottawa, ON K2G 1V8

MENU

*Yukon Gold Potato Leek Soup with
Clipped Chives and Truffle Essence*

*Arugula and Petite Micro Green Salad,
Citrus Vinaigrette
Candied Pecans, Dried Fruits, and
Goat Cheese Crostini*

*Herb Roasted Chicken Breast
Creamy Garlic Rosemary Mashed Potatoes
Seasonal Vegetables and Merlot Red Wine Sauce*

Chocolate Mocha Cake with Fresh Fruits

Registration Deadline:
Monday, April 27

Driving Directions: At the first set of traffic lights on Woodroffe Ave. south of Baseline Rd. (between College Square Shopping Centre and Algonquin College), turn left onto Navaho Dr. Turn right at the next set of traffic lights. Parking Lot 4 and the Hospitality Centre (Building H) will be on your immediate right. Restaurant International is in that building.

Parking: Parking is free after 5 p.m. in Parking Lot 4 (in front of the Hospitality Centre) and in Lots 8 and 9 on same side of the street as the Hospitality Centre and just east of the Robert C. Gillett Student Commons Building (Building E). All other parking lots are on a pay-per-use basis.

Contact for tickets: Alice Bolt at (613) 731-5221
Contact for other information:
Mary Broderick at (613) 421-1445

PRESIDENT'S MESSAGE

CHARLOTTE RIGBY

This is our final issue of the *Carillon* for 2014-15 but the year is far from over. Read on and find details about most of these upcoming events within this edition:

Mark your calendars for our lunch-time presentation on May 11: *Dying With Dignity: Carter v. Canada (AG)*. Lawyer Alicia Natividad will address concerns about the recent Supreme Court decision on medically-assisted suicide.

Join our Focus Group session on May 20. Part of the **Gender Justice for All** research project with the Canadian Research Institute for the Advancement of Women (CRIAOW) and the University of Ottawa, it is an all-too-rare opportunity to express our views and send them to political leaders and candidates in the fast-approaching October federal election.

We're also supporting the **Up for Debate** campaign for a pre-election national debate by federal political party leaders on issues identified by women, led by Up for Debate: The Alliance for Women's Rights (See www.upfordebate.ca). The last such debate was in August 1984!

The **CFUW AGM** will be June 18-21 in Québec City. Last year's AGM in Waterloo was attended by 14 of our members. It would be great to see even more of us in Québec this year!

I am grateful to the Board members who bring their experience, wisdom, and good ideas to the table and give so freely of their time and talents.

They make our organization work (and, as the largest club in Canada, it's often complicated!) My sincere thanks to Board members Mary Broderick, Mary Butterill, Jean Chapman, Nancy DeVillers, Janet Hagey, Margaret Haines, Carol Hinde, Evelyn Horsky, Sue Hurtubise, Pierrette MacLean, Fran Manning, Christine Marland, Judith Neale Holtzhauer, Patricia O'Flaherty, Abla Sherif, Nancy Simmons-Wright, and the many others who've contributed their time and talents. And the really great news is that they are returning next year!

Best wishes for a happy summer break!



INSIDE

UNCSW59, NYC, Beijing+20

Simple Strategies to Build Resilience in Daily Life

Proposed Slate of CFUW-Ottawa Officers, 2015-16

Sue Holloway — Our First Honorary Membership

Upcoming CFUW Ontario Council AGM Hosted by Ottawa

Membership Flash

Big Changes Underway in Ontario Universities

NAC Musical Lunch & Silent Auction

Special Luncheon Meeting

DATE: Monday, May 11, 2015
 TIME: 12:30 p.m.
 LUNCH: 11:30 a.m. **(\$15) (Optional)**
 PLACE: Riverside United Church/
 Anglican Church of the
 Resurrection,
 3191 Riverside Drive,
 Ottawa, ON K1V 8N8
 SPEAKER: Alicia Natividad, BA, LLB
 TOPIC: *Dying With Dignity: Carter v.
 Canada (AG)*
 CONTACT: Nancy Simmons-Wright,
 (613) 421-1370

Alicia Natividad is a CFUW-Ottawa member and lawyer practising in the fields of business law, wills and estate planning, and real property. Her presentation will discuss the implications of the recent Supreme Court of Canada judgement on physician-assisted suicide. On Feb. 6, 2015, the Court struck down the provision prohibiting assisted suicide in the *Criminal Code of Canada*, giving Canadian adults who are mentally competent and suffering intolerably the right to a doctor's help in dying. The decision is to take effect in 2016, to give the government time to amend its laws. The Court found that sections 241(b) and 14 of the *Criminal Code* unjustifiably infringed section 7 of the *Canadian Charter of Rights and Freedoms*.



Capital Carillon is published monthly from October to May, except for January.

Please send all material for the next issue to the Editor:
 Mary Butterill
 at marpathb@storm.ca.

Next issue: **October 2015**
 Deadline: **September 15, 2015**

Links to electronic issues going back to February 2001 are found under Newsletter, Archives on the Club website at www.cfuw-ottawa.org.

SUMMER SOCIAL GROUP

When all the groups stop, do you wonder how to meet up with people during the summer? Like last year, this will be an informal group in which a member suggests an activity, publicizes it through an email list of members and, assuming there is enough interest, makes the arrangements with those who would like to join her. Last summer included outings, coffee meet-ups and a temporary book reading group. A number of us had an interesting summer and made new friends. Please contact me at clderwent@gmail.com for further details.



Clea Derwent
 Convenor, Summer Social Group

LOOKING AHEAD TO CLUB EVENTS IN SPRING AND FALL 2015

MARK YOUR CALENDARS!

May 5 CFUW-Ottawa AGM, Restaurant International, Algonquin College, Ottawa (**Registration deadline April 27**)

May 11 Special luncheon meeting, **12:30 p.m.**; Lunch (optional): **11:30 a.m. (\$15)**, Riverside United Church/Anglican Church of the Resurrection, Ottawa **Speaker:** Alicia Natividad on *Dying With Dignity: Carter v. Canada (AG)* **Contact:** Nancy Simmons-Wright (613) 421-1370 (Lunch registration started at the April 6 General Meeting)

May 20 CRIAW Focus Group: Gender Justice for All. **6 p.m. – 8 p.m.** Riverside United Church/Anglican Church of the Resurrection, Ottawa. Facilitated by trained CRIAW volunteers. Finger food, tea, and coffee will be available. **Information:** Professor Ann Denis: adenis@uottawa.ca or Charlotte Rigby: crigby@videotron.ca. (**Register by May 12 with Caroline Flocari: cflocari@criaw-icref.ca**)

May 29-30 CFUW Ontario Council AGM, Hilton Garden Inn Ottawa Airport **Speakers:** Sue Holloway, Denise Chong, Tina Fedeski, and Sadiqa Basiri (**Click HERE for registration information or go to News and Announcements on the CFUW-Ottawa website**)

June 16 UWHAW Summer Evening Garden Reception, Home of Hally and Hugh Siddons by the Canal, Ottawa **Special Guest Speaker:** Sally Armstrong (**Deadline June 11 or while tickets remain** — Contact Alice Bolt or purchase at the May 5 AGM)

June 18-21 CFUW National AGM, Hôtel Château Laurier Québec, Québec City (**Click HERE for registration information**) Hally Siddons, assisted by Leila Metcalf and Charlotte Rigby, will be giving a workshop at the AGM: *Building a Voice for Women: One Club Charts a Route*.

June 25-28 Ottawa Dragon Boat Festival, Mooney's Bay Park, Ottawa (CFUW-Ottawa Dragonauts are racing again this year)

June 26 CFUW-Ottawa Golf, Luncheon, & Bridge, Larrimac Golf Course, Chelsea (Registration starts April 27 — Contact Alice Bolt or purchase at the May 5 AGM)

Sept. 21 CFUW-Ottawa Season Opener. Jean Pigott Place, Ottawa City Hall

Oct. 5 Luncheon Bridge Plus Fundraiser, Royal Ottawa Golf Club, Gatineau. (Registration starts Aug. 1)

More details at www.cfuw-ottawa.org and/or in the *Carillon* or will follow in an email blast

In Memoriam



Dorothy I.M. Black
1914-2015

Our sincere condolences to the family and friends of Dorothy Black, an active and longtime member of CFUW-Ottawa who passed away peacefully in her home on Sunday, April 12, 2015, after a brief illness, two weeks short of her 101st birthday.

Dorothy came to Ottawa in 1948 and taught for many years at Ottawa's now closed High School of Commerce in the 1960s and 70s. In 1979, the Ontario Secondary School Teachers' Federation presented her with the first ever Smeaton-Muir Award for her contribution to the teaching profession in Ottawa. She became a member of CFUW-Ottawa in 1949, and contributed to many of our groups over the years. She travelled widely, was an expert bird watcher, and enjoyed a wide circle of friends and activities. She was a much-loved member of our Music Appreciation Group. She will be missed, but the example of her mental strength, as she fought her failing health to maintain her routines of living life to the fullest, can be an inspiration to us all.

In accordance with Dorothy's wishes, there will be no formal ceremony and she will be laid to rest with her parents in Park Lawn Cemetery in Toronto. Dorothy's obituary appeared in the *Ottawa Citizen* on Wednesday, April 15 and Thursday, April 16, 2015; in *The Globe and Mail* on Wednesday, April 15, 2015; and can be located online.



The annual meeting of the United Nations Commission on the Status of Women (UNCSW) is a forum for advocacy for girls and women, where decisions are made that affect girls and women worldwide. The theme of the 2015 meeting, held in New York City from March 9–20, was “Beijing+20”, a focus on the challenges to gender equality and advancement of women 20 years after the adoption of the *Beijing Declaration and Platform for Action*.

As part of the 20-member CFUW delegation, we experienced an intense week of advocacy at the international level. We met and heard from women who are working tirelessly to make their world a better place. Women of the Ukraine and the Arab states seek peace and security. Heartbreaking presentations by our CFUW colleagues Linda MacDonald and Jeanne Sarson on femicide, and by Glenn Canning (father of Rehtaeh Parsons) on cyberbullying, made us acutely aware of work that needs to be done here at home, particularly in the area of improved legislation.

With a lens on Afghanistan, we attended a presentation by the Afghan Women's Network and a reception to which we were invited at the Permanent Mission of Afghanistan to the UN. The messages at both events were similar. Progress has been made in the political, health, education, and economic sectors. Laws to protect women have been made but they need to be implemented in a fair and transparent way. Women are not yet safe in Afghanistan, especially those who are working tirelessly and courageously to help themselves and generations to come. The remarkable Samira Hamidi from the Afghan Women's Network said that she and her colleagues were never safe



Mrs. Rula Ghani, wife of the President of Afghanistan, welcoming guests via videocast to the reception at the Permanent Mission of Afghanistan to the UN. **Photo by:** Hally Siddons

and never knew if they would be there the next day to carry on. She urged the continuing support of the international community and that we be their voice outside Afghanistan.

Advocacy at the international level is enhanced by networking and connections. At UNCSW, we attended meetings with our colleagues in the International Federation of University Women (IFUW). Our connection with IFUW is historic and it facilitates our work here at home. With the work of CFUW-Ottawa's University Women Helping Afghan Women (UWHAW) about to be posted on their website, IFUW gives us a continuing forum beyond our borders.

“The human race is like a bird with two wings. If one is broken, nobody can fly.” (Mrs. Åsa Regnér, Swedish Minister for Children, the Elderly, and Gender Equality, and delegate to UNCSW59). We returned home from UNCSW ever mindful of our responsibility to support women who work against incredible odds to help themselves and generations to come.

Leila Metcalf and Hally Siddons
University Women Helping Afghan Women Study and Interest Group

Simple Strategies to Build Resilience in Daily Life — Dr. Rachel Thibeault

On April 6, our guest speaker was Dr. Rachel Thibeault from the University of Ottawa Faculty of Health Sciences. Dr. Thibeault spent thirty-five years of her career specializing in Community-Based Rehabilitation, psychosocial care, and in studying the issues of meaning, resilience, and social justice in health care. Her research has taken her to hard-to-access areas, often affected by HIV/AIDS, and to war zones and leprosy communities, in Southeast Asia, Central America, Europe, Africa, and the Middle East.

A powerfully moving speaker, Dr. Thibeault first discussed the meaning of resilience and cited relevant theorists. Having introduced the concept of “Post Traumatic Growth” that individuals develop as a result of surviving/experiencing trauma, she then reviewed the actions one must take to develop health and strength, explaining that resilience could be “trained” by spending as much time developing one’s mental health as one’s physical health.

Dr. Thibeault described six characteristics to cultivate resilience: Presence – mindfulness; Compassion – love and tenderness; Gratitude; Forgiveness; Justice; and Temperance – balance. She cited five strategies that we can apply in our daily lives: Centering; Contemplation – prayer or meditation; Creation; Contribution – caring and giving back; and Connectedness – to loved ones and to one’s community.

In her introduction, Dr. Thibeault emphasized that these examples of resilience were not hers: they were based on her findings over the course of her work. One of her most touching stories, of a young mother in Sierra Leone mutilated during childbirth (and two months later, her baby mutilated by the same rebel), brought tears to our eyes. This young woman became a leader in her village, eventually living next door to the man who mutilated her and her baby. Her strategy for resilience: forgiveness.

The audience did not seem to want the presentation to end and had many thoughtful questions for Dr. Thibeault. She gave us much to think about, not the least of which is the chillingly high rate of depression among young people in our society today — linking it, in part, to their lack of sleep due to constant exposure to electronic devices.

**Lorna Bickerton and
Nancy Simmons-Wright**
Program Committee

Proposed Slate of Officers CFUW-Ottawa, 2015-16

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Treasurer.....	Evelyn Horsky

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Scholarship Trust Fund Chair	Margaret Haines
Scholarship Trust Fund Treasurer/ Assistant Treasurer, CFUW-Ottawa.....	Pierrette MacLean
Special Projects Convenor	TBD
Study & Interest Groups Convenor	Patricia O’Flaherty
Website & Internet Services Convenor.....	Janet Hagey

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Funds Raised Chair	Alice Bolt
Hospitality Chair.....	Mary Broderick
Membership Administration Convenor.....	Carol Hinde
Program & Annual Report Editor	Fran Harding (Program) & TBD (Annual Report)

BOARD COMMITTEE MEMBERS

<i>Carillon</i>Co-editors: Kringen Henein, Maria Neil	
Communications	Mary Butterill (Facebook & Twitter)
Membership	Christine Rollo, Aleyamma Samuel
Program.....	Sandra Bassett, Suzanne Belliveau, Alicia Natividad, Edeltraud Neal, Ann Schachhuber

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Secretary.....	Vicki Kohse
Treasurer.....	Pierrette MacLean
Convenor	Patricia O’Flaherty
Member-at-Large/ <i>Ex Officio</i>	Evelyn Horsky

CLUB PROJECT CHAIRS

Home Instruction for the Parents of Pre-school Youngsters (HIPPY)	Janet Hagey
CFUW-Ottawa Dragonauts	Adell Hay
University Women Helping Afghan Women	Judith Neale Holtzhauer, Hally Siddons

CFUW-OTTAWA STANDING COMMITTEE CHAIRS

Archives	Patricia Johnston
Budget Review	Pierrette MacLean
Issues	Fran Manning
Education	Daphne McCree
Status of Women & Human Rights	Sue Wilson
Legislation/Other.....	Lynne Bond

AD HOC COMMITTEE CHAIRS

Holiday Party.....	Alice Bolt, Mary Broderick, Christine Mattson
International Women’s Day Event.....	Fran Manning

SERVICE GROUP CONVENORS

Diplomatic Hospitality	Lisa Haley
Madri-Gals	Lynda Dredge, Patricia Johnston (Choir Director: TBD)

AFFILIATE REPRESENTATIVES

Elizabeth Fry Society of Ottawa	Marjorie Melick, TBD
Ottawa Council of Women.....	Fran Harding, Fran Manning, Sheila Perry

**CFUW-Ottawa's
First Honorary Member —
Sue Holloway**

When the CFUW-Ottawa Board undertook to update and review our membership rules back in 2013, they included a new membership category — that of “Honorary Member.” Here’s the text:

“An Honorary Membership may be granted by the Board of Directors to a woman who is not a CFUW-Ottawa member but who has made a significant contribution to CFUW, to the local Club, or to the development of society in ways consistent with the purposes of CFUW. She shall not hold office or have voting privileges. Honorary Membership is not transferable to another Club. An Honorary member shall not be required to pay dues.”

CFUW-Ottawa has not been slow to take advantage of this new opportunity to appreciate and recognize women who have contributed to our community and who share our values and vision. We are thrilled to announce that at our AGM on May 5 we will welcome Sue Holloway of Ottawa as our first Honorary Member .

Sue is best known to us in her role as coach and mentor of the CFUW-Ottawa Dragonauts. She was the first Canadian to compete in both summer (sprint kayak) and winter (cross country ski) Olympics. She is an Olympic medalist, has worked with the Canadian Olympic committee, and has been inducted into the Canadian Olympic Hall of Fame. A graduate of Physical Education and Education, Sue is a motivational speaker and will be the keynote speaker at the CFUW Ontario Council AGM later this month.

Charlotte Rigby
President, CFUW-Ottawa

**Planning the 2015 Ontario Council AGM,
hosted by CFUW-Ottawa**

Fifteen months ago, eight members of the LAC committee met for the first time to review the Guidelines and begin discussion on the planning of the Ontario Council AGM and Conference. Each year, one of the 54 CFUW clubs in Ontario agrees to host this event. Given the size of the Ottawa club and the experience of many of its members, we felt that we were in a good position to take on the task of planning the AGM/Conference. Within a short time we had a theme, “Defying the Odds”, and began looking for women of courage whose life path had demonstrated that those tough activities that they were told couldn’t be done, actually could be accomplished with a lot of hard work.

So who did we find? Sue Holloway, an Ottawa resident but a citizen of the world, a woman who has medalled twice at the Olympics and who was the first athlete ever to compete in both the summer and winter games, agreed to be our keynote speaker. To lead the afternoon sessions, we have invited award-winning author Denise Chong, who will speak about the immigrant experience in Canada, Tina Fedeski, who will share with us her passion for providing deserving children with musical instruments and instruction, and Sadiqa Basiri who, as an avid supporter of the education of women and girls in Afghanistan, will share with us some of the challenges Afghan women have faced and how they are overcoming them.

We are confident that this conference will appeal to our members and look forward to seeing you on May 29

CFUW-OTTAWA WELCOMES YOU
to the 2015 Ontario Council AGM!



Defying the Odds . . .
One Step at a Time

CFUW ONTARIO COUNCIL
AGM & Conference
May 29 & 30, 2015
Hilton Garden Inn - Airport
OTTAWA

DON'T BE CAUGHT SNOOZING!

Register for the AGM & Conference by
May 15th to be eligible for the Early
Registration Draw
To register, click on www.cfuwontariocouncil.ca and
follow the links.

**Special Conference Room Rate
Guaranteed until: April 29, 2015**
(Call 866-235-1060, and use code CFUW).

Questions? Contact CFUW-Ottawa
LAC Co-Chair Nancy DeVillers at
n.devillers@hotmail.com or 613-742-5599 or
Nancy Vrooman, Registrar at
nvrooman@gmail.com 613-692-1623.
See you in Ottawa on May 29 and 30.



Canadian Federation of University Women
ONTARIO COUNCIL

and 30 at the Hilton Garden Inn Ottawa Airport. As the final reminder poster says, “Don’t Be Caught Snoozing”, book your room, if you are staying at the hotel, by April 29 to get the special CFUW rate, and sign up for the workshops of your choice before they fill up.

Nancy DeVillers
Co-Chair, Local Arrangements
Committee (LAC), Ontario Council
AGM 2015

**Local Arrangements Committee
(LAC) Members**

Co-Chair: Natalie Lam; **Secretary:** Pat Burns; **Treasurer:** Janet Riehm; **Registrar, Database, and Credentials:** Nancy Vrooman; **Program:** Anne Alper and Ann Flynn; **Hospitality:** Denise Johnson; **Communications:** Carol Hinde; **Facilities and AV:** Joan Bell-Scott; **Member-at-Large:** Jean Chapman; **President (ex officio):** Charlotte Rigby; **Photographer:** Sue Chapman; **Volunteer Coordinator:** Lynne Bond

MEMBERSHIP FLASH

It's that time of year again! Renew your 2015-16 membership either online or by mailing in your completed Registration Form (see www.cfuw-ottawa.org/membership). Membership renewal letters will be mailed in August to members who have not provided an email address.

Membership fees are the same as last year for full and student members: **full membership is \$115, full-time university or college student membership is \$50. Dual membership is reduced to \$40.**

Your email address is your access to the website. It is essential to use only one email address when accessing the CFUW-Ottawa website. If your email has changed since you last registered as a CFUW-Ottawa member or, if you have any questions, please contact me at membership@cfuw-ottawa.org before proceeding.

The printed version of the *Membership Directory* is for sale again this year for \$6. To receive a copy, purchase it when you renew your membership. It will be mailed in November to those that have paid for it. The online directory is available on the website to all current members of CFUW-Ottawa at no additional charge.

In an effort to keep our fees as low as possible, members who wish to receive the *Capital Carillon* in paper format are now required to pay \$15 per year. To purchase this option, select the appropriate box on the Registration Form and include the \$15 in your payment. Current and back issues in electronic format are available to members (and the general public) from the website at no additional charge (go to www.cfuw-ottawa.org/newsletter or www.cfuw-ottawa.org/newsletter/archives).

Renewing your Membership Online:

LOGIN

1. Go to www.cfuw-ottawa.org.
2. Click on "**Membership**" (in the blue menu on the left side).
3. Choose "**Online Renewals**" from the sub-menu.
4. Login with your email address and password. If this is your first Login or if you have forgotten your password, press "**Forgot password**" and follow the instructions.

RENEW REGISTRATION

5. Once logged in, the "**My profile**" page appears. Click on "**Renew until September 15, 2016**" in the white box to the right.
6. The "**Membership renewal**" page appears. Review and update your member profile. Once complete, click on "**Update and Next**" even if there are no changes.
7. Review your information, then click on "**Confirm and proceed with payment**".

PAYMENT

8. The "**My Profile**" page reappears with a list of your transactions with the Club. The top listing is the Invoice for Membership Renewal. At this point, choose to either click "**Pay Online**" or select the Blue Invoice Number to obtain the mailing address to pay by **cheque**.
9. The online payment option links to the PayPal website where you can either pay using your PayPal account or by credit card. If paying by credit card, enter all the information requested and ensure the address you give is the billing address for the card. PayPal will send you a receipt by email.

If you encounter a problem or have a question, contact me at: membership@cfuw-ottawa.org.

Carol Hinde

Membership Administration Convenor

Big Changes Underway in Ontario Universities

The plenary session of Ontario Council's Standing Committees Meeting on March 14 focussed on the changes to post-secondary education underway in Ontario. Currently, Ontario has 24 colleges and 20 universities. In the future, 75 percent of all jobs will require a post-secondary degree or diploma.

Paddy Buckley, of the Ontario Ministry of Training, Colleges and Universities explained that three years ago, Strategic Management Agreements (SMAs) were introduced, tied to operating grants and Ontario Student Assistance Program eligibility. They determine how schools will grow and specialize; they encourage training for economic growth and entrepreneurship.

Ontario's investment has led to unprecedented growth in interdisciplinary learning, including internships, online learning and Massive Open Online Courses; some 3,100 courses are available online.

Bonnie Patterson, of the Council of Ontario Universities, presented demographics as a major challenge. Currently, 80 percent of students entering universities are 18 - 20 years of age, a cohort expected to decline over the next decade. With decreasing correlation between student population numbers and growth estimates, institutions collaborate or compete for funding and are under increasing pressure to graduate students with specific skills required in the marketplace.

Anna Goldfinch of the Canadian Federation of Students-Ontario, informed us that Ontario's 300,000 post-secondary students pay the highest fees in Canada. Fees have increased by 108 percent in the past 10 years and library or lab fees have doubled or tripled. Few students today can earn enough money to pay for tuition, fees, books, and living expenses, and many students graduate with a Bachelor's degree and up to \$30,000 in student debts.

With declining student populations, universities hire fewer professors. Most instructors are now non-tenured sessional lecturers. Student-teacher ratios have risen from 17:1 to 28:1 —the highest in the country. There are often 40 students in graduate seminars. (When I was in graduate school, seminars included 10 to 12 students!)

Ontario has 2,500 graduate students, most in programs such as MBAs, whose graduates are unlikely to remain in academia. Universities with SMAs will focus on research that can be corporatized, while the humanities and social sciences, compete for diminishing funds.

For over 40 years, funding has been based on "bums in seats". This year, the funding formula will be revisited. If you are an Ontario university graduate, this may be a good time to find out how your university is addressing these challenges.

Fran Manning

VP Liaison

Happening at Local CFUW Sister Clubs

The 2014-15 programs of our local sister clubs may interest you. To see the schedules of events and meetings that are open to the public and the names of guest speakers, go to their websites:

CFUW/Kanata

www.cfuwkanata.ca

General Meetings: 2nd Wed. of the month, 7 p.m., at Stonehaven Apts., 70 Stonehaven Dr., Kanata

SPECIAL EVENT 1: CFUW Fundraiser – Coffee House featuring music by **Revival (Hal Whiteman's & Ian Few's band)**. Saturday, May 2, 2015, 10 a.m. to 12 noon. St. John's Anglican Church, 325 Sandhill Rd., Kanata. Tickets \$15 in advance & \$20 at the door. Children under 12 are free.

SPECIAL EVENT 2: CFUW/Kanata 20th Anniversary Celebration & AGM. Wednesday, May 13, 2015, 5:30 p.m. Cedarhill Golf and Country Club, 56 Cedarview Dr., Nepean. Tickets \$45 (for dinner & entertainment). RSVP: Jennifer Rose at rosejeu76@outlook.com or Carol Fowler at cafowler@bell.net

CFUW/Nepean

www.cfuwnepean.ca

General Meetings: 1st Tue. of the month, 1 p.m., except September and April, at Bells Corners United Church, 3955 Old Richmond Rd., Nepean

CFUW Perth

cfuw-perth-district.com

General Meetings: 3rd Mon. of the month 6 or 6:30 p.m. at Royal Canadian Legion Hall, 26 Beckwith St. E., Perth

Focus Group on Gender Justice for All

Date and Time: Wednesday, May 20, 6:00 p.m. to 8:00 p.m.

Location: Riverside United Church/Anglican Church of the Resurrection, 3191 Riverside Drive, Ottawa, ON K1V 8N8

CFUW-Ottawa members are invited by researchers of the Canadian Research Institute for the Advancement of Women (CRIAOW) to participate in a non-partisan Focus Group session to identify and prioritize issues that are of concern to women. CRIAOW researchers from the University of Ottawa will facilitate the session. Information that is collected will be shared with political parties and candidates, as well as with bureaucrats at all levels of government. A light supper will be served. This event is limited to CFUW-Ottawa members. If you are interested in participating, click [here](#) for more information about the session and how to register. **Registration deadline is May 12.** For more information, phone: (819) 778-3438.

2015 CFUW AGM, Québec City

Early Bird Registration Deadline is **May 17, 2015**

Final Registration Deadline is **June 9, 2015**

For more information and to register, click [here](#).



AGA ET CONGRÈS
18-21 JUIN 2015

AGM AND CONFERENCE
JUNE 18-21, 2015

Hally Siddons, supported by Leila Metcalf and Charlotte Rigby, will be presenting a workshop at the AGM!

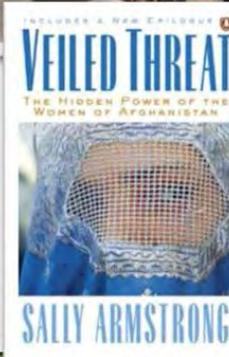
Title: *Building a Voice for Women: One Club Charts a Route*

Description: This workshop explores how CFUW-Ottawa members identified an interest, formed a group, and mobilized, eventually reaching out nationally and internationally. They will describe how they defined and developed a project with an international focus: support for education and human rights of girls in Afghanistan. Their initiative has influenced the advocacy not only of CFUW-Ottawa, but also CFUW nationally, and IFUW, and has increased awareness of international roles for Canadian women.

SUMMER EVENING GARDEN RECEPTION *VOICES FOR AFGHAN WOMEN IV*

with

SPECIAL GUEST SALLY ARMSTRONG



Date: TUESDAY, JUNE 16
Time: 5:30 p.m. to 8:00 p.m.
Location: The Home of Hugh and Hally Siddons
52 Forest Hill Ave., Ottawa K2C 1P6
Tickets: \$50. Space limited. Deadline June 11 or while tickets last.
Register : With Alice Bolt at (613) 731-5221 or at ianbolt@sympatico.ca — after April 21 or purchase at May 5 AGM

University Women Helping Afghan Women (UWHAW) CFUW-Ottawa invites you to a pleasant evening of wine (or non-alcoholic drinks), gourmet treats, and an opportunity to hear the well-known and award-winning Canadian journalist and human rights activist, Sally Armstrong, in a summer garden by the Canal. Additional surprises await!



Proceeds to Support
Education
of
Young Women at
Dr. Samar's
Gawharshad Institute
of Higher Education
in Kabul



Students Graduate from Gawharshad

Further Details:

Hally Siddons:
(613) 727-5777
Lorna Bickerton:
(613) 592-3821



MUSICAL LUNCH #10 — DELIGHT FOR ALL

The tenth Musical Lunch at the National Arts Centre’s Le Café on April 17 sold out quickly. Fine dining, delightful location by the Canal, and a performance by a superb musician, all helped raise funds for the 22 CFUW-Ottawa scholarships and the Afghan girls attending the Gawharshad Institute of Higher Education in Kabul. Eleven of the girls in Kabul graduated this year and we are helping 20 more begin their academic careers.

The musician this year was Lindsay Bryden, a flutist and piccolo player (the small flute that adds sparkle to so much music). She showed what an incredible range her instrument has, playing several familiar pieces and her own composition: *Revolutions for Solo Flute*.



Lindsay Bryden on flute **Photo by:** Lois Siegel



Hally Siddons, Roya Gharji, and Mary Partington **Photo by:** Lois Siegel

Guests included Mohammad Dawood Qayomi, Deputy Chief of Mission from the Afghan Embassy, Flora MacDonald who for years championed women’s education in remote areas of Afghanistan, Eileen Olexiuk, who opened the Canadian Mission in Kabul, and Roya Gharji, an Afghan PhD student at the Institute of Feminist and Gender Studies at the University of Ottawa who looks after her three-and-one-half-year-old twin boys as well attending school.

Each guest received a voucher for two tickets to attend an NAC performance. Additional door prizes were provided for musical and theatrical events. Two sumptuous baskets were raffled and guests placed bids in the Silent Auction on a treasure trove of paintings, jewelry, rugs,

condo and cottage rentals, wine, meals, and wall hangings.

Hanneke Boadway-Overbeek and Grace Strachan co-chaired the Auction with help from Joan Bell-Scott, Martha Musgrove, Nancy Parker, Norma Pike, Angela Rodzinyak, and Jane Wandell. Judith Neale Holtzhauer had the unenviable job of seating everyone. Alice Bolt once again provided raffle baskets and kept track of the funds. Other helpers were Wilma Clapham, Joan McKee, Patricia Troughton, Nancy Vrooman, Lizz Wilfert, and UWHAW’s intrepid leader, Hally Siddons. And hurray for Mary Partington who founded this much loved event a decade ago and continues to guide it each year.

Dianne Rummery

University Women Helping Afghan Women Study and Interest Group



Silent Auction **Photo by:** Alison Hobbs

Save the Date! Note the New Location! CFUW-OTTAWA 2014-15 SEASON OPENER

Date: Monday, September 21, 2015
Time: 7 p.m. - 8:30 p.m.
Location: Jean Pigott Place, Ottawa City Hall,
110 Laurier Avenue W.
Ottawa ON K1P 1J1
Description: The CFUW-Ottawa Season Opener provides an opportunity for non-members to join the Club, for renewing members to reconnect, and for both new and renewing members to sign up for some 40 Study and Interest Groups, three Issues Groups, two Service Groups, and three Club projects. We invite women graduates and non-graduates who support the mission and values of CFUW-Ottawa to join the Club.

We will have visitors from the community attending to decide if CFUW-Ottawa is right for them. The Season Opener is an opportunity for us to showcase our organization and tell those interested in joining us about it. Each of us can be an ambassador for the Club that evening. If you meet a non-member or a new member, please introduce yourself and make her feel welcome.

Registration forms will be available for **new** members to sign up for the Club. Our hope and expectation is that most of our **current** members will renew over the summer months either online (www.cfuw-ottawa.org/membership) or by mailing in their renewals. However, there will be a drop box for renewing members to leave their completed registration forms and payment.

Please mark your calendars and spread the word to your friends, family, or business associates who may be interested in joining us. We look forward to seeing all of you there!

CFUW-OTTAWA GOLF & BRIDGE FUNDRAISING EVENT

**FRIDAY, JUNE 26, 2015 AT LARRIMAC GOLF CLUB
1148, RTE 105, CHELSEA, QUÉBEC**



**GOLF: SCRAMBLE FORMAT: 9 HOLES (RAIN OR SHINE)
SHOT GUN START AT 9:30 A.M.**

(PLEASE ARRIVE BY 8:30 a.m.)

**BRIDGE GAME at 9:30 a.m. (Make up your table — cards provided)
LUNCH AT APPROXIMATELY 12:00 P.M.**

DOOR PRIZES & PRIZES for GOLF and BRIDGE



**ALL PROCEEDS SUPPORT THE CFUW-OTTAWA
SCHOLARSHIP TRUST FUND (tax receipts given)**

**\$65 FOR GOLF & LUNCH (power cart available for an extra \$11)
\$46 FOR BRIDGE & LUNCH
\$46 FOR LUNCH {IF YOU DON'T PLAY GOLF OR BRIDGE, PLEASE JOIN US FOR LUNCH}**

**REGISTRATIONS START APRIL 27 AND AT THE MAY 5 CFUW-OTTAWA AGM
& AFTER BY CALLING VAL AT (613) 731-6181 OR (819) 827-3753
OR BY EMAILING JANE AT jane@wandell.ca**

After registration, all cheques to be made payable to CFUW-Ottawa & sent to ALICE BOLT
DONATIONS FOR PRIZES GLADLY ACCEPTED –
CALL OR EMAIL ALICE AT (613) 731-5221 OR ianbolt@sympatico.ca

BRING YOUR FRIENDS !



**Share Your
Good Ideas!**



Email us at
communications@cfuw-ottawa.org
OR
Click on **Suggestions** now OR from
the **"Contact Us"** page on the
CFUW-Ottawa website

**Are You a 50
Year CFUW
Member??**

CFUW-Ottawa wishes to acknowledge all 50 Year CFUW Members. If you qualify or know someone who does, call Nancy DeVillers at (613) 742-5599.
NOTE: *The 50 years or more may include membership in other CFUW clubs, not just CFUW-Ottawa.*



SAVE THE DATE!

MONDAY, OCT. 5, 2015



**LUNCHEON BRIDGE PLUS FUNDRAISER –
ROYAL OTTAWA GOLF CLUB, GATINEAU**

IN SUPPORT OF CFUW-OTTAWA SCHOLARSHIP TRUST FUND

Please join us for a light luncheon followed by an afternoon of duplicate bridge, social bridge, scrabble, or mah-jong. This is an ideal event to introduce a prospective member to CFUW. Friends, spouses, and partners are welcome. Registration details to follow later in an email blast.

Tickets \$50 (tax receipts will be provided) Registration starts Aug. 1, 2015

If you have any questions, please contact either:

Sheila McDonell (Registration)
luncheonbridgeplus@gmail.com
(613) 692-6419

Dawn Torsein (Logistics)
torsein@sympatico.ca
(613) 747-4289

