



Canadian Federation of University Women – Ottawa

# Capital Carillon

## Annual General Meeting

Please note – **ONLY CLUB MEMBERS MAY ATTEND OUR AGM!**

**Date and Time** – Monday, May 10, 2021, 7 p.m.

**Place** – By ZOOM

**Guest Speaker** – Michael Blackie



Please join us for a very special experience at our CFUW-Ottawa AGM when the internationally renowned Canadian chef **Michael Blackie** will demonstrate the preparation of a crispy aromatic green papaya salad with fried vermicelli, spiced citrus soy soaker and peanut crumble. Chef Blackie has worked at

(see **Meetings** on next page)



Initially taught by her CFUW friend Gloria Salvati, and then by professionals Marlene Eagan and Lorna Maclaren, Shirley Rayes learned to paint on porcelain in her retirement, and she often offers her pieces for sale at charity fundraising events. “I always liked beautiful fine china,” she says. “Painting is relaxing and creative and a finished hand-painted item makes a great gift.” Her subjects are usually flowers, animals or birds, delicately executed. Shirley was the CFUW-Ottawa President who in the 1990s organised a Women’s Health Seminar at City Hall.

## PRESIDENT’S MESSAGE

ELIZABETH WILFERT

*“Nothing’s impossible. It’s what you decide your limits are.”*

*“See it, believe it, achieve it.”*

Lori Ann Muenzer - Canadian track cyclist and gold medal winner of the 2004 Summer Olympic Games. She is the only person in Canadian history to win a gold medal in Olympic cycling. Muenzer has also won silver and bronze medals in the World Championships.

*“If you dream and you allow yourself to dream, you can do anything.”*

Clara Hughes, OC OM MSC - Canadian cyclist and speed skater who has won multiple Olympic medals in both sports. Clara won two bronze in the Summer Olympics and four medals in the Winter Olympics. She is tied as the Canadian with the most Olympic medals, with six medals in total.

This is my last President’s Message for the 2020-2021 Season. Your Board has been extremely busy, so much so that the Board now meets twice as often as before. I can’t thank our Board Members and Chairs enough for their dedication and willingness to give of themselves to make our Club the very best it can be.

Lori Ann Muenzer and Clara Hughes are quoted above as saying, “Nothing is impossible...” and “... you can do anything’. Little did we think, last March, that we would have much of a program to offer you for

(see **President** on next page)

## INSIDE

The Walk To Kabul

Join The Voices Of Afghan Women

April 12 Meeting – Promoting Gender Equality

Testimonial

Trivia Quiz

How CFUW-Ottawa Diplomatic Hospitality Came To Be

Convenors of the Month – Women with Hammers

Energy Efficiency Issues

Mark Your Calendars

CSW65 Report

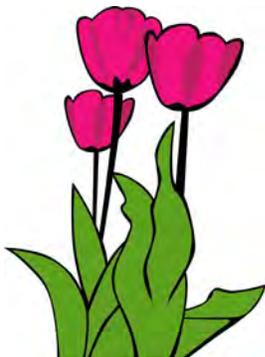
Renewing Your Membership

Ontario Council AGM Notice

**Meeting – continued**

some of the world’s finest hotels, including the Fairmont Pierre Marques in Mexico and the Oberoi in Bali and the world-renowned Mandarin Oriental in Hong Kong. In 2003 he was appointed as the Executive Chef at the new Brookstreet hotel in Kanata. Within four months of opening, the Brookstreet restaurant was awarded a four-diamond rating from the CAA. In 2009 Michael joined the National Arts Centre where he created *Celebrity Chefs of Canada*, showcasing the talents of 18 chefs from across Canada. In 2010 Michael was the co-host of *Chef-off!* — a Food Network show that was nominated for a Gemini award. In 2018 Chef Blackie starred in the acclaimed Television series *Iron Chef Canada*. Currently he is the co-founder of *Nextfood.ca*, a unique 11,000 ft<sup>2</sup> facility located in the west end of Ottawa, featuring casual dining, events, catering and take-home meals.

The program for the AGM will also include the presentation of this year’s Pink Rose Award, a thank you to outgoing Board Members, the nomination and introduction of the new Board members and the announcement of our Scholarship Trust Fund Trivia Quiz winners. (See page 4)



**President – continued**

this season. However, thanks to Zoom and especially to the hard work of our dedicated Club members, what a program we created! From our CFUW-GWI Partnership, our *Walk To Kabul* (see page 3), our monthly Speakers’ Series and our International Women’s Day event, to speakers from around the world meeting with our Study and Interest and Outreach Groups, with invited guests joining our Zoom meetings from across the country and from many other parts of the world. Yes, we have made an impact this season. We dreamed, we believed, we set no limits, and we did achieve!

Although this is my last message before the summer break, it is not the end of our season just yet. I encourage you to participate in our AGM. We shall have an exciting cooking demonstration by Chef Blackie, and there are presentations to make. Important decisions will also be made which will affect our Club, so please mark May 10<sup>th</sup> on your calendar and plan to attend at 7 p.m.

During the next few weeks, we shall be inviting every one of you to consider joining a ‘Board Team’. In this way, we would like to get you involved and to have your input on various sections within our Club — Membership, Communications, the Website, Zoom, our Budget, the Interest Groups, our Program, Operations & Hospitality, Advocacy, Succession Planning. We are open to suggestions for areas where you see a need that we may have overlooked.

If you are on Facebook, I encourage you to join the ‘Friends of Helen MacLean’ private group. You must ask to join and we admit only Club members. We cannot see anything on your personal Facebook page. Our ‘Friends of Helen’ is where you will likely first hear Club news, where you can congratulate fellow Club members on their achievements, get to know members, and stay in touch over the summer. I look forward to seeing you there.

I wish you all a very safe and healthy spring and summer.



Consul Nabi Habibi, meeting Fran Harding at the Embassy of the Islamic Republic of Afghanistan in Ottawa on April 23rd, graciously accepts her gifts of a Canadian flag and a can of maple syrup at the virtual completion of the Walk to Kabul (see page 3). Photo by Leslie Baird.

## The Walk To Kabul

It has been an incredible journey. Monitored by Jill Moll of CFUW-Ottawa since March, 621 people contributed to completing the virtual trek from Ottawa to Kabul. 17 clubs from across Canada, one E-club (Regina) and one international GWI club (the Netherlands) took part. **At the end, a group of young Afghan women joined in, walking in memory of friends who had died in Kabul.** By Jill's routing, only 17,877 kilometre were needed to reach Kabul, but at the final reveal on April 24<sup>th</sup>, we had a total of **108,872 km.**



Once in Europe, having crossed the eastern provinces of Canada and the Atlantic ocean, we had journeyed south from the Dutch coast, crossing the Alps and then the length of Italy, via Pompeii and Sicily, to Greece and Bulgaria. Arriving at Istanbul from Bucharest, Romania, in the first week of April, we then pressed on into Asia, staying south of the Black Sea. By April 19<sup>th</sup> we had reached Tbilisi, Georgia, en route to Yerevan, Armenia, thence walking on through Tashkent, Uzbekistan, approaching Kabul from the north. Coordinator Jill Moll, kept us informed of everyone's imaginary progress by means of a 12-part travelogue — reporting nights at luxury hotels and fine dining! — and the Walk-To-Kabul Facebook page was regularly updated



with maps, photos and links. When we arrived in Kabul, ahead of schedule, our kilometre collecting came to an end.

With the latest news of the withdrawal of American soldiers from Afghanistan, the plight of the women of Afghanistan becomes more serious, and our support ever more crucial. Now that we have reached our destination we shall unite our voices with Afghan women and girls to help them protect their rights to education, health care, freedom to leave their homes, access to a proper judicial system, opportunities to contribute to their families, communities and country. During the peace talks, there is real, reasonable fear that women's futures could be bargained away for the sake of an end to violence but without women playing a meaningful role in the talks and in society, there will be no enduring peace. There is so much at stake, we must support the peacemakers.

By sending postcards to Members of Parliament from each major city we virtually crossed, we were asking the Federal Government to work with its allies to play an active role in helping to bring about peace in Afghanistan. In April, Hally Siddons and Fran Harding each mailed postcards to every Canadian Member of Parliament. CFUW-Ottawa President Lizz Wilfert is also pictured here, mailing her postcards.



## Join The Voices Of Afghan Women

*By Dianne Rummery*

At a GWI webinar on April 24, Dr. Sima Samar, founder of the Afghanistan Human Rights Commission, spoke of the predictable plight of Afghan women should the Taliban return to govern Afghanistan under the present peace talks. She exhorted countries to continue their financial support to educate girls and women, warning that “the world must stay with us, as the problems in Afghanistan will not stay in Afghanistan. We are not done. It is a shared responsibility. The women of Afghanistan are part of the global community.”

Some 450 participants from 24 countries were attracted to the webinar. As well as Dr. Samar, Dr. Habibi Sarabi (one of the four women on the negotiating team at the peace talks) and Mary Akrami (a member of Afghanistan's High Peace Council) emphasized the danger for women, should the misogynist insurgents return and force them once again to be incarcerated in their homes. They urged all women to join their voices.

The event was organized by CFUW-Ottawa's University Women Helping Afghan Women and GWI-Netherlands as the finale of a six month advocacy project to augment the stories about Afghanistan in the media. The virtual Walk to Kabul in which more than 600 people participated was a major part of this initiative.

## April General Meeting

On the evening of April 12, at the last event in our Speaker Series (all meetings held by ZOOM



this year), CFUW-Ottawa was fortunate to welcome Retired Lieutenant-General Christine Whitecross, who has twice been named one of Canada's 100 most-powerful women. She has served in Germany, Bosnia, and Afghanistan and was also Commandant of the NATO Defense College in Rome. LGen Whitecross impressed us by speaking fluently and eloquently about Operation Honour, her mission to promote gender equality, greater respect for women and accountability for sexual misconduct within the Canadian armed forces. Susan Truscott introduced her, Patricia Duffey moderated the numerous questions that followed and Christine Rollo gave the vote of thanks.

After this, three of our interest groups — Environment Action, the MadriGals and Easy Gourmet — were showcased by their respective convenors, and our monthly business meeting took place.

## Testimonial

By Nancy Simmons-Wright

“A social club with a social conscience.” That’s my short and prompt reply when asked by curious friends, “What is CFUW-Ottawa?” Should the curiosity continue, I have much more to say!



to acting. As with most things in life, the more effort one makes, the greater the rewards. And the greatest personal reward is the many and lasting friendships I have made.

I have been a member of CFUW-Ottawa for 13 years and over the course of these years I have sampled many aspects of what our club has to offer, from leadership roles to cookery

This photo was taken in Malta, March 2020 (just before the Pandemic changed the world), when I vacationed there with three friends, two of whom are CFUW-Ottawa members.



How well do you know CFUW-Ottawa? Join us for a game of trivia, exploring [our Club's website](#) to find the answers to the questions.

**[Make a donation to the Scholarship Trust Fund to receive your trivia questions!](#)**

All donors will receive a trivia card, and a different trivia card will be sent for each multiple of \$20 donated. Donations over \$20 will receive a tax receipt. Trivia questions will be sent by email or post, as requested. Fill in the answers and return your cards to **Patricia Duffey\***.

**[Names of donors will be chosen at random to win prizes at the AGM in May. You could win a basket of goodies, a lovely painting, a set of handmade coasters or a book of recipes from around the world.](#)**

Our Scholarship Fund needs your help to support women in Ottawa pursuing post secondary school education.

***Thank you for the donations to date. We have received \$980 from individual members and a further \$700 from the Gatineau Trails Group.***

Make your donation via [Canada Helps](#), or mail a cheque, payable to **CFUW-Ottawa STF**, to **Joan Desautels\***.

\*Their addresses may be found in the Private Member Directory when you sign in to the [Member-only](#) section of our website.



## How CFUW-Ottawa Diplomatic Hospitality Came To Be

*By Dianne Rummery*

The Diplomatic Hospitality group of CFUW-Ottawa began amidst cold war politics and post-1967 euphoria. In 1968, Dr. Ruth Bell attended the triennial IFUW conference in Karlsruhe, Germany. Chatting with a New Zealand delegate, she heard how the Wellington Club invited junior diplomatic wives to their homes to give them a window on New Zealand outside formal embassy circles. Ruth, then President of the Ottawa Club, immediately saw the potential for us.



CFUW-Ottawa member Eva Hammond with two German diplomats and a selection of snowshoes in 2007.

In keeping with established diplomatic community protocol, the Ottawa program was announced at a reception for Heads of Mission, many of whom encouraged junior diplomatic wives to participate. Ruth then announced the plan at a Club meeting, to great enthusiasm. Members were to invite up to 10 diplomats and 10 Canadians to their homes.

The indefatigable Elizabeth Doe took on the role of Convenor. It was hard work convincing the local diplomatic corps that our motive was simply friendship and good will. Foreign

security services and the RCMP checked out Club members; guest lists were scrutinized; diplomatic husbands had to be reassured before their wives could attend. Members learned to work around these issues. Diplomats relished seeing how Canadian women really lived and meeting other diplomatic wives who were learning to deal with Canadian ways and Ottawa winters. An offshoot of Diplomatic Hospitality, a snowshoeing group, took on a life of its own. Elizabeth Doe and Elizabeth Cureton loaned family snowshoes, mukluks, hats, mitts and socks, and so began a decade of gatherings at the Does' home by the Jock River where diplomatic wives came to snowshoe along the riverside trails, pulling themselves up the hill from the river by a hang-on rope. Taking part in any sport was unusual for many, some wearing warm trousers under national dress. Snowshoeing eventually became part of the main program. Some 75 pairs of snowshoes and mukluks were collected and awards, certificates, tiny mukluks and snowshoes distributed at the end of each season marked a very Canadian achievement. Friendships were formed and international alumnae grew. In 1974, the Ottawa Journal published an article about diplomats on snowshoes from 23 legations.

Diplomatic Hospitality's main program always included a walk in the Gatineau Hills to savour the glories of a Canadian autumn. Sleigh rides, sugaring-off parties, square

dances, country church suppers, visits to Canadian cottages and nearby communities, tours of museums and other Ottawa institutions were included.



Elizabeth Doe, aged 89, with Indian diplomats at a Diplomatic Hospitality event in 2008.

By 1980, the careful spadework for the service group had been done and it was flourishing. Elizabeth Doe and her oceanographer husband sailed their yacht down the St. Lawrence to spend a decade at sea and Diplomatic Hospitality continued under Elizabeth Cureton and other devotees. By the late eighties the number of diplomats taking part had ballooned.

CFUW-Ottawa is recognized as the instigator of lifelong friendships between the Ottawa diplomatic corps and CFUW members. Several diplomatic wives, mindful of their Canadian experiences, were instrumental in forming university clubs in their own countries. Dr. Bell continued her involvement and Elizabeth Doe returned to us in 1989, snowshoes in hand and with enthusiasm and energy undimmed.

## Women with Hammers

### Convenors of the Month: Christine Rollo and Marion Agnew

#### Christine Rollo



Christine Rollo

I have been a member of CFUW for nine years. A friend urged me to join when I retired and I'm glad I took her up on her invitation. I've enjoyed hiking with the Gatineau Trails group, snowshoeing with the Snowshoeing in the Wild group, learning about art with the Gallery group, chatting with other ladies over lunch (these days via ZOOM),

listening to the interesting speakers we've had at our General Meetings and, of course, learning about home repair and improvement with Women with Hammers. When I was speaking to a friend who is a member of her local University Women's Club chapter in the USA, she told me about their Women with Hammers group and it sounded like so much fun I suggested we start one here. I've very much enjoyed working with Marion as co-convenor.

#### Marion Agnew



Marion Agnew

I have been a member of CFUW for about seven years. I joined to be able to ski/bike/hike with Gatineau Trails, and became the Co-Convenor two years later. Since Covid hit I've been able to join more groups because they are virtual and I have enjoyed Hocus Phocus (photography), the Gallery Group, The Movie Club and of course WHH. Working with Christine has been a great experience,

and I've certainly learned a lot about the DIY community in and around Ottawa. When I'm not out on my skis or on my bike I enjoy playing my ukulele in an ensemble, lots of singing, some volunteering, dabbling in the arts and being in touch with family and friends. Oh yes, and putting my newly found DIY skills to good use by maintaining the house and cottage.

Women With Hammers is a new group this year that has proven to be very popular, with more than 30 members and guests joining in to listen to invited speakers. We have members Zooming in from other parts of Canada, from the USA and as far away as the UK, so we are quite an international bunch.

The group is all about helping members learn home repairs and maintenance and acquiring skills for do-it-yourself projects. We have diverse perspectives;



Guest speaker Tammy Watson, Trillium and Maple Woods Handywoman Services, Fernleigh, N. Frontenac

some of our members are experienced builders and DIY'ers, and some just want to know the basics so they can talk more knowledgeably to contractors, but everyone is welcome. The intention for the group when it was in the planning phase was to have members learn and practice skills in a hands-on environment, but unfortunately that was not possible, due to the pandemic. However the group adjusted to a virtual environment and hosted very interesting speakers on a variety of topics. We are pleased to say that the majority of our speakers have been women contractors and business owners, and because we are virtual we were able to connect with them from their workshops in places such as North Frontenac, Mt. Pelier and Ottawa. We have so far learnt about buying women-friendly power tools, different types of wood, nails, screws, hammers and screwdrivers and

when to use each, the properties of different types of paint and how to prep and paint household surfaces, the mechanics of household plumbing and the different types of insulation materials and how to access resources like The Ottawa Tool Library. Who would have thought by our second meeting that we would be sitting on the edge of our seats learning about the differences between nails and screws?

The group is looking forward to another season of learning DIY skills next year. Hopefully we will be able to get together in person to saw some wood and bang in some nails, but we shall see!



Surprise guest for the presentation on Insulation

## Energy Efficiency Issues

By Beth Doubt

At the April meeting of Environmental Action, Emma Langham, representing the City of Ottawa’s Energy



Evolution team, drew our attention to its strategies to fight climate change, both for the city itself and for the individual citizen. It may surprise you to

know that transportation and buildings account for 89% of Ottawa’s greenhouse gas emissions.

The tips below go beyond the recycling issues shared in previous issues of the *Capital Carillon*. Some of these tips relate to big decisions, while others are easy to follow on a regular basis.



### Energy Efficiency at low cost:

- Shrink-wrap any windows you are not opening.
- Caulk around windows and doors for more efficient heating and cooling. Put your hand beside the door/window and notice the difference it makes in air leakage.
- Install a programmable thermostat, setting it to use less heating/cooling at times when you are out of the house.
- Replace your old light bulbs with LED ones. The energy saving is large.
- Create a kitchen garden, even if small, or grow potted edible plants on balconies.
- Transportation of goods and food is a huge energy-user. Produce you buy from local suppliers is fresher, and this helps maintain the local food industry.
- Use your car less often or get rid of it and use CarShare.

**Replacing appliances?** Check for the best EnerStar ratings.

**Getting a New Car?** Consider an electric vehicle. Owners find maintenance cheaper and the City of Ottawa is filling the gaps in access to charging stations.

**Moving into a rental apartment or condo?** Is the builder planning roof-top greenery – a green roof-top saves energy. How about chargers for electric cars? In an older building, are there plans to upgrade for energy efficiency?

### Considering house maintenance or an upgrade?

- Solar panels are now the cheapest source of electrical energy and that comes without transmission costs.
- Insulate outside walls well.
- Buy an insulated outer door to prevent air leakage.
- Replace windows with energy-efficient ones.
- Replace furnaces and cooling units with heat pumps – these work through all but the coldest months.

*In March, the Environment Action group heard an inspiring talk by Scott Demark about the Zibi development, here in Ottawa, aiming to be the world’s greenest community, with zero carbon emissions.*

*At the next meeting of the Environment Action group on **May 10<sup>th</sup>**, **Natasha Jovanovic**, a “Living City” organizer, representing Ecology Ottawa, will talk about ways to protect and monitor biodiversity in our city. Everyone is welcome: please contact [environment@cfuw-ottawa.org](mailto:environment@cfuw-ottawa.org) if you would like to attend.*

## MARK YOUR CALENDARS!

**May 10, 7 p.m.** – CFUW-Ottawa AGM (see page 1)

**May 14 and 15, 6:30 p.m.** – CFUW Ontario Council AGM (see page 10)

**June 25 and 26** – CFUW National AGM



*For help in using ZOOM technology to join online meetings, see the ZOOM Information on the Member-only pages of our website, or contact Barbara Newbegin.*

## The Commission on the Status of Women meetings

### March 15-26, 2021 (CSW65)

by Dorothy Phillips

The UN CSW65 meetings, usually held with about 3000 women travelling to New York, this year were held online with about 25,000 women attending. In other years each organization with consultative status with the Economic and Social Council (ECOSOC) of the United Nations, could designate 20 members to attend the side events. Anyone could attend the parallel events. This year there was no limit to those the ECOSOC members could designate and the online meetings were free for all attendees. Both CFUW and GWI are members of ECOSOC.

For the first time, I decided to attend. I asked GWI to designate me and had access to all 150 of the side events and over 750 parallel events. GWI required a report on each event, so I limited myself to what I could do in the two weeks while I had other commitments.

Of the 7 events I managed to attend and report on, what was most interesting was that the speakers came from so many countries. They represented North and South America including the Caribbean, Europe and Africa, with one speaker from India. My sessions did not include anyone from the far east, mostly because their sessions were held in the middle of our nighttime. It was all live.

By design, four of my sessions covered different aspects of digitization of the education and workplaces and the effects on women. Although women are studying Science, Technology and Innovation (STI) several noted the gender gap still exists, and often leads the women who do graduate to leave a workplace because they don't see a future for themselves, or because of micro aggressions or worse. Laws

and policies in the workplace exist but transgressions are still tolerated. There is still considerable violence against women in online forums. A UN sponsored Gender Equality forum is taking place in two sessions. The first was held 29-31 March 2021 and can be viewed [on the website](#) and the second on June 30-July 2 is still available to be viewed live. In the workplace, [UN Women](#) promotes the Women's Empowerment Principles which attempt to offer better workplaces for

women.

For a change of pace I attended a session sponsored by the US National Federation of Business and Professional Women's Clubs. This was listed as "How to use impact story telling" which of course interested me. A filmmaker had found herself in difficulty when she tried to direct films in the US, so she created a film showing how that happened and what to do about it. Each

(see **CSW65** on next page)

**Do You Know Who We Are?**



Graduate Women International (GWI) is a well-respected international organization that has special consultative status with the Economic and Social Council (ECOSOC) of the United Nations. One of the many UN organizations in which GWI is very active is the Commission on the Status of Women (CSW). The recent CSW65 featured hundreds of virtual presentations, seminars, and panel discussions.

The regard with which GWI is held is evident from the fact that the Executive Director of GWI, Stacy Dry Lara, the current President of the NGO Committee on the Status of Women in Geneva, led the NGO

CSW Geneva Consultation Day, the European launch of CSW65, in March. GWI sponsored several of its events.

Along with the US and Mexican affiliates of GWI, CFUW also sponsored one event and co-sponsored another. Given CFUW-Ottawa's interest in Afghanistan, it should also be noted that Canadian Women for Women in Afghanistan co-sponsored two events related to the current peace process. The Permanent Missions of Afghanistan, the United States and the United Kingdom to the UN and the Georgetown Institute for Women, Peace and Security also jointly sponsored an event.



## Renewing Your Membership of CFUW-Ottawa

By Carol Hinde, Membership Administration Convenor

It's that time of year again! Renew your 2021-22 membership either online or by mailing-in your completed Registration Form (see **Printable Registration Form** under **Membership** at [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org)). Membership renewal letters will be mailed in August to members who have not provided us with an email address.

This year's fees have not increased: full membership still costs \$120, full-time university or college students pay \$50, and dual membership (with a second CFUW Club) costs \$40.

Your email address is your access to the website. It is essential to use only one email address when accessing this website.

If your email changed since you last registered as a CFUW-Ottawa member, or if you have any questions, please contact me at [membership@cfuw-ottawa.org](mailto:membership@cfuw-ottawa.org) before proceeding.

The printed version of the Membership Directory is for sale for \$7. To receive a copy, purchase it when you renew your membership and it will be mailed to you in late November. The online directory is available on the website to all current members of CFUW-Ottawa at no charge.

Members who wish to receive the *Capital Carillon* in paper format can purchase it for \$15 per year. Select the appropriate box on the Registration Form and include an extra \$15 in your payment.

Current and back issues in electronic format are accessible [from the website](#) at no additional charge.

### Renewing your Membership Online: LOGIN

- Go to [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org).
- Click on **Membership** (In the blue menu on the left side).
- Choose **Online Renewals** from the sub-menu.
- **Log in** with your email address and password. If this is your first Log-in or if you have forgotten your password, click on **Forgot password** and follow the instructions.

### RENEW REGISTRATION

- Once logged in, the **My Profile** page appears. Click on **Renew until September 15, 2022** in the white box to the right, under **Membership details**.
- The **Membership Renewal** page appears. Review and update your member profile.
- Once complete, click on **Update and Next**, even if there are no changes.
- Review your information then click on **Confirm and proceed with payment**.

### PAYMENT

- The **My Profile** page reappears with a list of your transactions with the Club. The top listing is the **Invoice for Membership Renewal**. At this point, either click **Pay Online** or select the blue Invoice Number to obtain the mailing address to pay by cheque.
- The Online payment option links to the PayPal website where you can either pay using your PayPal account or by credit card. If paying by credit card, enter all the information requested and ensure the address you give is the billing address for the card. PayPal will send you a receipt by email. If you encounter a problem or have a question, contact me at: [membership@cfuw-ottawa.org](mailto:membership@cfuw-ottawa.org).

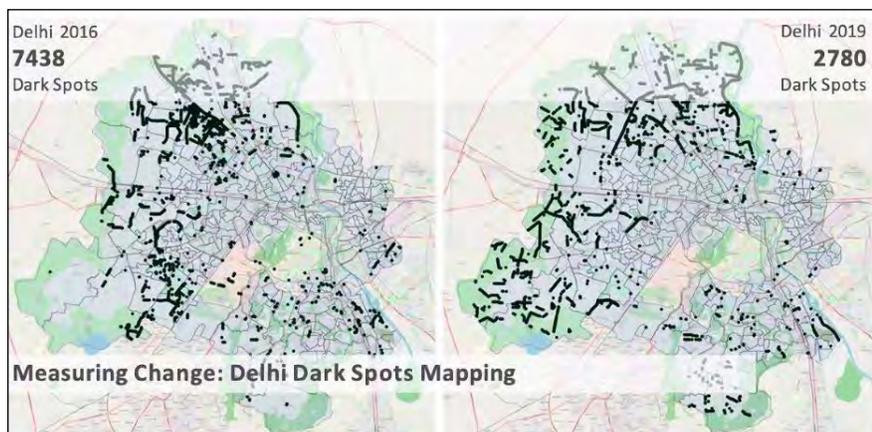
### CSW65 – continued

of us saw the film “Pioneers in Skirts” and then had a discussion about it with women film makers from other countries who noted similar problems. For a limited time into 2022 the film can be shown for free to any organization that requests it.

Two sessions discussed the use of data to assist in making a better environment for women. One project used data on Delhi to show where the city was dark at night, which pressed authorities

to improve lighting as a safety measure for women. And in the most fascinating part of another session, the World Bank showed that they have a Gender Data Portal with information that can be used for analysis by anyone. The website includes [education about how to use the data](#).

If anyone in our club would like to take up any of these issues, I expect other women in GWI might be interested in collaborating.



[Safetipin](#) aims to make cities friendly for women. Obviously some changes were made in Delhi between 2016 and 2019, but there is more work to do to make streets safer for women.



**NOTICE OF THE 2021 CFUW ONTARIO COUNCIL ANNUAL GENERAL MEETING**

# LEAD 2021

*Step into your Power*

**May 14 & 15, 2021**  
*A virtual conference hosted by CFUW Orillia*




**REGISTRATION NOW OPEN**  
 YOU MUST REGISTER FOR EACH EVENT SEPARATELY

**FRIDAY MAY 14:**  
 Keynote Speaker & Social  
 Agenda Below  
 6:30-10:00 PM  
[REGISTER HERE](#)

**SATURDAY MAY 15:**  
 Ontario Council Business Meeting  
 Agenda to Follow  
 8:30 - 11:30 AM  
[REGISTER HERE](#)

FRIDAY MAY 14 AGENDA	
6:30	Log into Zoom using your personal log-in sent to you upon registration
6:45	Welcome & Land Acknowledgement Orillia President Ann Duncan
6:55	Welcome Ontario Council President Sandy Thomson
7:00	Women's Leadership in the Economic Recovery Q & A Dr. Wendy Cukier Ryerson Diversity Institute
8:00	Step into your Power: Personal Action Plans Small Breakout Groups Hosted by CFUW Orillia
8:30	Ontario Council Club Awards Ontario Council President Sandy Thomson
8:45	We are More Powerful Together: Wine & Cheese Social Small Breakout Groups Hosted by Ontario Council & CFUW Orillia
9:15	Door Prizes and Wrap up Regional Director Northern District Roline Maconachie
9:30	We are More Powerful Together: Wine & Cheese Social Small Breakout Groups Connect with Friends

***From The Lake Isle of Innisfree***

*By W.B. Yeats*

I will arise and go now,  
 for always night and day  
 I hear lake water lapping with  
 low sounds by the shore;  
 While I stand on the roadway,  
 or on the pavements grey,  
 I hear it in the deep heart's core.



*Enjoy your summer!*

The **Capital Carillon** is published monthly from October to May, except for January. Suggestions and comments are always welcome. Please send all material for the next issue to the new editor **Maira Phillips**, at [newsletter@cfuw-ottawa.org](mailto:newsletter@cfuw-ottawa.org). This will be the October issue, the first of the 2021-2022 season; deadline for submissions, September 15. Thank you for your help and contributions during the past three years and best wishes to all, from Alison Hobbs.

